



Bridgewater
High School

NAME: _____

FORM: **7** _____



EXam.
Experience⁷

Week Beginning 18th March 2019

Your Essential Guide to Exams in Year 7

#Showcase #Stickability #Selfie #Self-Esteem #Standards



Welcome to your Bridgewater Year 7 Exams Experience (BEE⁷)

We understand that most people do not really like having to sit exams, but they are an important part of the education system.

BEE⁷ aims to prepare you as well as possible for the important exams you will sit when you are older. We want you to know how to revise effectively and how to manage your anxieties. Yes, it is important to do as well as possible in all of your exams, but first and foremost, BEE⁷ is about managing the process of sitting exams and reflecting on your marks.

Within this booklet, you will find general revision tips, subject-specific exam preparation pointers as well as space for you to reflect on your performance. When your exams are over and your teachers have marked them, you will find space to write down your marks as well as What Went Well (WWW) in each exam as well as targets for improvement or Even Better If (EBI). Time will be built into lessons for you to complete these sections and to reflect on your overall experience of the exams.

On the back of this booklet is a blank timetable for you to write down when you will sit each exam. Your teachers will tell you when these will be.

If you ask professional footballers, popstars or successful business people how they achieved their dreams, there would be a common theme in their answers. They would all tell you that they 'stuck at it.'

How 'sticky' are your goals? A key measure of success is how much you want it. Anything worth having does not come easy. Experts tell us that you need to put in 10,000 hours of practice to become an expert in something. At Bridgewater, we really value your 'stickability'. When the 'Going gets tough, the Tough get sticking.' Sticking at the goals, trying different methods and never, ever giving up until we have reached the goal.



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Exam Room Rules

You will probably sit your exams in your usual classroom but you must remember that this is a formal (serious) occasion and your teacher may have a different seating plan for the exam. Some of you may sit your exam in an Access Room if, for example, you are entitled to additional time or the help of a reader. The access rooms for the week will be as follows:

Mon : tbc	Tuesday : tbc	Wed : tbc	Thu : tbc	Fri : tbc
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Wherever you sit your exam, remember the following important rules:

1. Make sure you have a pen that works (as well as a spare in case your pen runs out!)
2. Enter the classroom in silence and sit where you are told
3. Remain silent before, during and after the examination until your teacher has collected in your exam paper and told you that you can talk.
4. Make sure you write your name on any pieces of paper that you use
5. Do not attempt to communicate with anybody else during the exam, including lip-reading and any other signs.
6. Mobile phones should be switched off and must remain in your bag or pocket, completely out of sight.

Some Tips for Successful Revision

1. Start revising early i.e. weeks, not hours before the exam. Make a timetable to plan your revision and stick to it.
2. Mind maps are a visual way of showing your ideas. The best mind maps make use of pictures, colours, key words and different styles of lines to show the connections between points. Mind maps start from a central theme (this might be your topic title or question) and then expand as you start to explore your key points.

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3. Start early at weekends i.e. 9am. That way, you'll get your day's work done in the morning and have the afternoon or evening to relax.



4. Stick revision notes all around your house. That means that you'll see important facts and quotes when you're brushing your teeth or opening the fridge door! In your exam, you will think "Aha, volcanoes, they were stuck to bathroom mirror!"



5. Don't just read your notes. You have to WRITE THINGS DOWN! Get used to summarising or reducing a full page of notes into a post-card sized couple of bullet-points.



6. Find the right environment to revise. NOT in front of the TV and NOT listening to the radio or surfing the internet. Music can sometimes be OK, but you need to find the right kind. It's got to be something that's just there in the background that you're not thinking about at all. Music without singing is better as you won't be tempted to join in.



Over the next pages few pages you will find information about what is on your exams in each subject, as well as some more revision tips.

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English Preparation Tips

- **English Exams already completed.**

Maths Preparation Tips (Exam Completed Early)

- **What is the test about?** Demonstrating a fluency in numeracy and an ability to apply mathematical techniques to problem solving.
- **What do pupils use to revise?** They were given a revision list and revision material to practice for skills based questions via SMHW.
- **What format of questioning is used?** One non-calculator exam paper.

Science Preparation Tips

- **What is the test about?** Demonstrating practical skills in science This covers each aspect of the scientific process, from selecting apparatus, planning, recording results in tables, recognising safety risks, graph drawing and identifying trends in data.
- **What do pupils use to revise?** Worksheets and examples of skills-based questions will be provided on SMHW. Pupils should use their exercise books which contain relevant notes.
- **What format of questioning is used?** Pupils will be given an investigation to plan, safely complete and analyse. Pupils will be required to write extended answers in planning, analysing and evaluating their experiment, and will be expected to make their own tables and graphs. Pupils will be assessed on the following criteria: Planning, safety (in planning and whilst using equipment), recording results, analysing results, evaluating experiments and independence.



Art Preparation Tips

- **What is the test about?** Demonstrating a practical understanding of Still Life and the Formal Elements of Art.
- **What do pupils use to revise?** They will practise their drawing skills and develop their knowledge and understanding through tasks set via SMHW covering all necessary material in the run up to the exam.
- **If a pupil is absent from school and misses an Art lesson?** it is IMPORTANT to check SMHW.
- **What format of questioning is used?** Pupils will be given a set of instructions that they will need to follow carefully in order to fulfil the assessment criteria.
- **What about the practical demonstration?** They will have to draw from life to demonstrate their understanding of the formal elements. For the smooth running of the exam it is IMPORTANT that pupils come prepared with their own equipment: A pencil, pen, ruler, sharpener, rubber and a set of colouring pencils.

Dance Preparation Tips

- **What is the test about?** Demonstrating an understanding of Dance terminology and the principles of Dance.
- **What do pupils use to revise?** They will be given a revision sheet via SMHW with all necessary material. Paper copies can be available also where needed.
- **What format of questioning is used?** Spellings & definitions of some words, answers based on choreography & performance skills plus one more extended question.
- **What about the extended writing section?** This will be the pupils' own opinions of what skills are required to ensure an effective team.

Drama Preparation Tips

- **What is the test about?** Learning Drama terminology and genres.
- **What do pupils use to revise?** They will be given a revision sheet via SMHW with all necessary material. Paper copies can be available also where needed.
- **What format of questioning is used?** A PowerPoint presentation.
- Simple answers based on questions about the units covered.
- **What about the extended writing section?** This will be based on peer marking to develop their understanding of answers and showing the ability to correct their peers. A mark out of 10 will be awarded, and converted to AWOL system.

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Design and Technology Tips

What is the test about? Drawing accurately and skilfully. Answering questions about tools, equipment and materials they have used this year.

What do pupils use to revise? They will be given a revision sheet via SMHW with all necessary material. Paper copies can be available also where needed.

What format of questioning is used? One question will require a drawing as the answer. Other questions will be asking for knowledge recall and will need no more than a sentence in answer.

Food Technology tips

What is the test about? Understanding the personal hygiene and safety rules in the food technology classroom.

What do pupils use to revise? They will be given a revision sheet via SMHW with all necessary material. Paper copies can be available also where needed.

What format of questioning is used? The majority of the questions will be multiple choice with three comprehensive questions at the end.

What about the extended writing section? This will be the pupils' own summary of the year including which areas they have enjoyed the most and how food technology could be developed in the future.

French tips

What is the test about? Writing test on school

What do pupils use to revise? Pupils will need to use their exercise book to revise the work done through year 7 so far. There is also a revision sheet for the modules covered available via Show My Homework.

What format of questioning is used? One question of five sentences describing a photo and two extended writing questions (90 words overall)

Geography Tips

What is the test about? The exam covers the three completed topics that have been studied so far in Year 7 – introduction to geography, geographical skills and weather. There is also a section on OS map skills.

What do pupils use to revise? Pupils have their exercise books and can also review lessons on the school VLE.

What format of questioning is used? The first section of the exam will consist of forty multiple-choice questions, followed by the extended writing section (see below).

What about the extended writing section? There will be a quality-marked question (ten marks) based on a resource (i.e. map, graph, diagram) provided on the exam paper. This will draw on the geographical knowledge and skills developed from across Year 7.

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German Tips

What is the test about? Listening and reading test on free time

What do pupils use to revise? Pupils will need to use their exercise book to revise the work done through year 7 so far. There is also a revision sheet for the modules covered available via Show My Homework.

What format of questioning is used? Mostly multiple choice questions, giving the answers as numbers, letters or single words

History Tips

What is the test about? We aim for students to improve their understanding of how to revise effectively. The test will consist of questions on the following topics; historical skills, the events of 1066, the consequences of the Norman Conquest and the Crusades.

What do pupils use to revise? The exam will be on the work they have done throughout the year. Students can revise from their exercise books. There will also be revision sheets on SMHW.

What format of questioning is used? The paper is made up of 40 multiple choice questions.

ICT Tips

What is the test about? To demonstrate an understanding of E Safety, Spreadsheets, Databases & Web Design software applications.

What do pupils use to revise? Pupils will be given a homework sheet via SMHW with all necessary revision material they will need for the exam. Paper copies will also be available upon request.

What format of questioning is used?

Simple multi-choice & short sentence type answers.

Music Tips

What is the test about? Each exam will focus on all topics covered up to the point of the test.

What do pupils use to revise? Revision materials will be provided on SMHW.

What format of questioning is used? There will be a mixture of multiple choice questions and open-ended questions.



Religious Studies Tips

What is the test about? This test is about retention and recall of information.

What do pupils use to revise? The test will be on work they have covered so far throughout the year – pupils therefore need to revise from their exercise books.

What format of questioning is used? The question format will be multiple choice/short answer.

What about the extended writing section? This test is purely about demonstrating knowledge and as such there will be no extended writing section. We cover extended writing as part of our standard assessments which are completed every term.

Over the next pages few pages, you will find space to record what mark you received for each exam as well as your WWW (What Went Well) comment and your EBI (Even Better If) target. It is your responsibility to complete this section. Your teachers will make time in lessons for you to do this. When you have written in all your marks, your WWW and your EBI, you must ask your parent or carer to sign below and note down any comments about how you did in your Bridgewater Year 7 Exams Experience. Your form tutor will then sign this.

Signature of parent/carer _____

Comments:

Signature of form tutor _____

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English mark :

WWW

EBI

Maths mark :

WWW

EBI

Science mark :

WWW

EBI

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Art mark :

WWW

EBI

Dance mark :

WWW

EBI

Drama mark :

WWW

EBI

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Design and Technology mark :

WWW

EBI

Food Technology mark :

WWW

EBI

French / German mark :

WWW

EBI

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Geography mark :

WWW

EBI

History mark :

WWW

EBI

ICT mark :

WWW

EBI

#Showcase #Stickability #Selfie #Self-Esteem #Standards



Music mark :

WWW

EBI

Religious Studies mark :

WWW

EBI

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