Year 7 Athletics	18+= E 12+=M 6+= S 3+= D	"ADVANCED" COHORT TARGET I can perform an effective individual warm-up. I can perform 3 athletics events obtaining 12 or more points scored. I can demonstrate good technique in at least 3 athletic events. I am able to follow and apply the rules and regulations for at least 3 events.	Scoring 12+= E 10+=M 5+= S 2+= D	"INTERMEDIATE" COHORT TARGET I can warm-up effectively with a partner. I can perform 3 athletics events obtaining 10 or more points scored. I can demonstrate good technique in at least 3 athletic events. I am able to follow and apply the rules and regulations for at least 3 events.	10+= E 7+=M 4+= S 2+= D	I can participate in a group warm up. I can perform 3 athletics events obtaining 7 or more points scored. I can demonstrate good technique in at least 3 athletic events I can perform the basic athletic techniques. I have a basic understanding of athletics rules and regulations.
Health and Fitness	35+= E 25+=M 10+= S 7+= D	Excellent technique is shown in all activities. I can adapt to achieve the intended results, when faced with progressively challenging tasks.	25+= E 20+=M 10+= S 7+= D	Good technique is shown in most activities. I can usually adapt to achieve the intended results, when faced with progressively challenging tasks.	15+= E 10+=M 7+= S 5+= D	Some technique is shown in some activities. I can sometimes adapt to achieve the intended results, when faced with progressively challenging tasks.
Invasion Games (Rugby Football Basketball Netball Handball Astro Games Indoor Games Multi-skills)	35+= E 25+=M 10+= S 7+= D	I can produce the intended skill/techniques most of the time with a high level of accuracy; both in isolation and in a competitive game situation. I understand and can apply the rules and regulations within a game situation.	25+= E 20+=M 10+= S 7+= D	I can frequently produce the intended techniques with a reasonable level of accuracy both in isolation and in a condition game. I understand and can sometimes apply the rules and regulations within a game situation.	15+= E 10+=M 7+= S 5+= D	I can perform basic techniques in isolation with some level of accuracy. I can occasionally select and apply techniques in a modified game situation. I have a basic understanding of the rules and regulations in a modified game.
		Situation.		game situation.		

Striking and		I can produce the intended		I can frequently produce the		I can produce the intended skill/techniques
<u>Fielding</u>	30+= E	skill/techniques most of the	20+= E	intended techniques with a	15+= E	most of the time with a high level of accuracy;
(Cricket	20+=M	time with a high level of	15+=M	reasonable level of accuracy	10+=M	both in isolation and in a competitive game
Tennis	10+= S	accuracy; both in isolation and	<u>10+= S</u>	both in isolation and in a	7+= S	situation. The quality of technique is
Table-Tennis	7+= D	in a competitive game situation.	7+= D	condition game. The quality of	5+= D	maintained for all skills but may start to
Rounders/Softball)	<u> </u>	The quality of technique is		technique is maintained for	<u> </u>	deteriorate in the most challenging practices.
		maintained for all skills but may		most skills but may deteriorate		When faced with opposition, decision making
		start to deteriorate in the most		in the most challenging		is usually effective. I understand and can
		challenging practices. When		practices. When faced with		apply the rules and regulations within a game
		faced with opposition, decision		opposition, decision making is		situation.
		making is usually effective. I		only occasionally effective. I		
		understand and can apply the		understand and can sometimes		
		rules and regulations within a		apply the rules and regulations		
		game situation.		within a game situation.		

Year 8	Scoring	"ADVANCED" COHORT TARGET	Scoring	"INTERMEDIATE" COHORT TARGET	Scoring	"FOUNDATION" COHORT TARGET
<u>Athletics</u>	18+= E 12+=M 6+= S 3+= D	I can perform an effective individual warm-up. I can perform 3 athletics events obtaining 18 or more points scored. I can demonstrate good technique in at least 3 athletic events. I am able to follow and apply the rules and regulations for at least 3 events.	12+= E 10+=M 5+= S 2+= D	I can warm-up effectively with a partner. I can perform 3 athletics events obtaining 10 or more points scored. I can demonstrate good technique in at least 3 athletic events. I am able to follow and apply the rules and regulations for at least 3 events.	10+= E 7+=M 4+= S 2+= D	I can participate in a group warm up. I can perform 3 athletics events obtaining 7 or more points scored. I can demonstrate good technique in at least 3 athletic events I can perform the basic athletic techniques. I have a basic understanding of athletics rules and regulations.
Health and Fitness	30+= E 20+=M 10+= S 7+= D	Excellent technique is shown in all activities. I can adapt to achieve the intended results, when faced with progressively challenging tasks.	20+= E 15+=M 10+= S 7+= D	Good technique is shown in most activities. I can usually adapt to achieve the intended results, when faced with progressively challenging tasks.	15+= E 10+=M 7+= S 5+= D	Some technique is shown in some activities. I can sometimes adapt to achieve the intended results, when faced with progressively challenging tasks.
Invasion Games (Rugby Football Basketball Netball Handball Astro Games Indoor Games Multi-skills)	30+= E 20+=M 10+= S 7+= D	I can produce the intended skill/techniques most of the time with a high level of accuracy; both in isolation and in a competitive game situation. I understand and can apply the rules and regulations within a game situation.	20+= E 15+=M 10+= S 7+= D	I can frequently produce the intended techniques with a reasonable level of accuracy both in isolation and in a condition game. I understand and can sometimes apply the rules and regulations within a game situation.	15+= E 10+=M 7+= S 5+= D	I can perform basic techniques in isolation with some level of accuracy. I can occasionally select and apply techniques in a modified game situation. I have a basic understanding of the rules and regulations in a modified game.
Striking and Fielding	<u>30+= E</u>	I can produce the intended skill/techniques most of the	<u>20+= E</u>	I can frequently produce the intended techniques with a	<u>15+= E</u>	I am able to perform a basic range of techniques within isolation, occasionally

(Cricket	<u>20+=M</u>	time with a high level of	<u>15+=M</u>	reasonable level of accuracy	<u>10+=M</u>	producing intended results but with some
Tennis	10+= S	accuracy; both in isolation and	10+= S	both in isolation and in a	7+= S	level of accuracy. The quality of technique is
Table-Tennis	7+= D	in a competitive game situation.	7+= D	condition game. The quality of	5+= D	maintained for some techniques but
Rounders/Softball)		The quality of technique is		technique is maintained for		sometimes deteriorates within a modified
nounaers, soresum,		maintained for all skills but may		most skills but may deteriorate		game. I have a basic understanding of the
		start to deteriorate in the most		in the most challenging		rules and regulations in a modified game.
		challenging practices. When		practices. When faced with		
		faced with opposition, decision		opposition, decision making is		
		making is usually effective. I		only occasionally effective. I		
		understand and can apply the		understand and can sometimes		
		rules and regulations within a		apply the rules and regulations		
		game situation.		within a game situation.		

Year 9	Scoring	"ADVANCED" COHORT		"INTERMEDIATE" COHORT	Scoring	"FOUNDATION" COHORT TARGET
Teal 3		TARGET	Scoring	TARGET		
		I can perform an effective		I can warm-up effectively		. I can participate in a group warm up. I
	<u>18+= E</u>	individual warm-up. I can	<u>12+= E</u>	with a partner. I can perform	<u>10+= E</u>	can perform 3 athletics events obtaining 7
	<u>12+=M</u>	perform 3 athletics events	<u>10+=M</u>	3 athletics events obtaining	<u>7+=M</u>	or more points scored. I can demonstrate
	<u>6+= S</u>	obtaining 18 or more points	<u>5+= S</u>	10 or more points scored. I	<u>4+= S</u>	good technique in at least 3 athletic
<u>Athletics</u>	<u>3+= D</u>	scored. I can demonstrate	<u>2+= D</u>	can demonstrate good	<u>2+= D</u>	events I can perform the basic athletic
		good technique in at least 3		technique in at least 3		techniques. I have a basic understanding
		athletic events. I am able to		athletic events. I am able to		of athletics rules and regulations.
		follow and apply the rules		follow and apply the rules		
		and regulations for at least 3		and regulations for at least 3		
		events.		events.		
	<u>30+= E</u>	Excellent technique is shown	<u>20+= E</u>	Good technique is shown in	<u>15+= E</u>	Some technique is shown in some
	<u>20+=M</u>	in all activities.	<u>15+=M</u>	most activities.	<u>10+=M</u>	activities.
	<u>10+= S</u>	I can adapt to achieve the	<u>10+= S</u>	I can usually adapt to achieve	<u>7+= S</u>	I can sometimes adapt to achieve the
	<u>7+= D</u>	intended results,	<u>7+= D</u>	the intended results,	<u>5+= D</u>	intended results,
Health and Fitness		when faced with		when faced with		when faced with progressively challenging
		progressively challenging		progressively challenging		tasks.
		tasks.		tasks.		
Invasion Games		I can warm up effectively		I can warm up effectively		I can perform an effective individual warm
(Rugby	<u>30+= E</u>	according to the sport I am	<u>20+= E</u>	according to the activity I am	<u>15+= E</u>	up. I can perform at least two types of
Football	<u>20+=M</u>	doing. I can consistently	<u>15+=M</u>	participating in. I can perform	<u>10+=M</u>	passes to a good standard and can use
Basketball	<u>10+= S</u>	perform three types of	<u>10+= S</u>	at least 3 types of passes to a	<u>7+= S</u>	these to outwit opponents during some
Netball	<u>7+= D</u>	passes with accuracy and	<u>7+= D</u>	good level and can use these	<u>5+= D</u>	aspects of the game. I am able to follow
Handball		control. I can consistently		to successfully outwit		and apply the rules and regulations for at
Astro Games		demonstrate accurate		opponents in a game. I am		least 3 invasion games
Indoor Games		technique in at least three		able to perform and apply		
Multi-skills)		invasion games and can		the rules and regulations for		
		outwit opponents		at least three invasion games		
		consistently. I can				