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| **Bridgewater High Key Stage 3 Curriculum Map** |
| Subject – Year 7 |



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| **Intent:6 key principles** | **Implementation** | **Autumn Term 1** | **Autumn Term 2** | **Spring Term 1** | **Spring Term 2** | **Summer Term 1** | **Summer Term 2** |
| **Clarity around knowledge** | **Theme/Topic** | **Invasion Games** | Health & Fitness | **Invasion Games** | **Striking & Fielding** | **Athletics** | **Striking & Fielding** |
| **Key Knowledge & Concepts** | Induction in:HandlingPassing/receivingTacklingShooting Defending | ContinuousFartlekIntervalCircuitFitness Testing | HandlingPassing/receivingTacklingShooting Defending | Service (Underarm) ForehandBackhandRallyingSingles play**Overhead****underarm** | SprintsMiddle distanceShotDiscusJavelinHigh Jump | GripBattingBowlingFieldingCatching/ThrowingKnowledge of rules |
| **Clarity around Sequencing** | **Main links across the curriculum** | Y8,9 Invasion Games AT1 | Y8,9 Health and Fitness AT2 | Y8,9 Invasion Games ST1 |  Y8,9 Striking and Fielding ST2 | Y8,9 Athletics SUT1  | Y8,9 Striking and Fielding SUT2  |
| **Cross – curricular / Authentic Links** | Maths: Rounding numbersScience Dance: Memory Skill/performance | BiologyMaths:Fraction, Decimal and Percentage Equivalence. | Maths: PerimeterEnglishScience | Maths:AnglesScience | MathsEnglishScience: Forces Push/PullResistance | MathsEnglish: Childhood games in the Victorian era. |
| **Vocabulary / Literacy** | **Literacy** | **Reading** | Knowledge organisersSmhkVLE | Knowledge organisersSmhkVLE | Knowledge organisersSmhkVLE | Knowledge organisersSmhkVLE | Knowledge organisersSmhkVLE | Knowledge organisersSmhkVLE |
| **Ext. Writing** |  |  |  |  | Y7 Knowledge organiser test |  |
| **Key****Vocabulary** | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE |
| **Memory & Cognition** | **Retrieval Practice: Focus a*nd Activity*** | **Start** | Recall from last lesson/unit | Recall from last lesson/unit | Recall from last lesson/unit | Recall from last lesson/unit | Recall from last lesson/unit | Recall from last lesson/unit |
| **On going** | Do, Describe, Review & Repeat | Do, Describe, Review & Repeat  | Do, Describe, Review &Repeat  | Do, Describe, Review &Repeat  | Do, Describe, Review &Repeat | Do, Describe, Review &Repeat |
| **End** | Targeted questioning | Targeted questioning | Targeted questioning | Targeted questioning | Targeted questioning | Targeted questioning |
| **Assessment** | **Summative****Assessment** | Class SettingAWOL settingTeacher recording sheetsBaseline assessment | Teacher recording sheetsAWOL assessmentFitness test scoresKS3 assessmentMSFT results, Cooper 12 minute run, Cross Country timeKS3 assessments | Teacher recording sheetsAWOL assessmentKS3 assessment | Teacher recording sheetsAWOL assessmentKS3 assessment | Times, distances points teacher recording sheetsEnglish Schools StandardsAWOL assessmentKS3 assessmentKO Test | Teacher recording sheetsKS3 assessmentAWOL assessment |
| **Possible misconceptions** |  |  |  |  |  |  |
| **Aspiring, inspiring and Real** | **Links to real world (Inc. SMSC / PD curricula)** | ***Commitment******Consistency******Discipline***Enrichment clubsNetball, Football, RugbyNetball, football and rugby leagues,Sale Sharks rugby curriculum/enrichment for girls. | ***Commitment******Discipline******Resilience******Self-belief*****Perseverance**Inter form cross countryWarrington league @ Walton GardensEnglish Schools Cross Country (National competition)Warrington representativesCounty selectionsSports leadership Bridgewater primary schools | ***Commitment******Consistency******Discipline***County Netball competitionsInter form netball/football competitions | ***Consistency******Honesty***Warrington Schools Badminton competitionSchool enrichment clubCounty Badminton competitions | ***Commitment******Discipline******Resilience******Self belief***Athletics enrichmentSports dayWarrington Schools athleticsWarrington Indoor athleticsQuad kidsSignposting pupils to Warrington Athletics club | ***Consistency******Honesty***Road to Wimbledon intra school competitionCounty finals of the Road to WimbledonTeam Tennis matches inter schoolInter form striking & fielding competitionsRounders enrichmentInter school rounders competition |

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| **Bridgewater High Key Stage 3 Curriculum Map** |
| Subject – Year 8 |



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| **Intent:6 key principles** | **Implementation** | **Autumn Term 1** | **Autumn Term 2** | **Spring Term 1** | **Spring Term 2** | **Summer Term 1** | **Summer Term 2** |
| **Clarity around knowledge** | **Theme/Topic** | **Invasion sports** | Health & Fitness | **Invasion games** | **Striking & Fielding** | **Athletics** | **Striking & Fielding** |
| **Key Knowledge & Concepts** | HandlingPassing/receivingTacklingPossessionkicking | Continuous Interval FartlekCircuitFitness testing | HandlingPassing/receivingTacklingPossessionkicking | ServiceGroundsstrokesVolleySingles playScoring/officiating | SprintsMiddle distanceShotDiscusJavelinHigh Jump | GripBattingBowlingFieldingCatching/ThrowingKnowledge of rules  |
| **Clarity around Sequencing** | **Main links across the curriculum** | Y7,9 Invasion Games AT1 | Y7,9 Health and Fitness AT2 | Y7,9 Invasion Games ST1 | Y7,9 Striking and Fielding ST2 | Y7,9 Athletics SUT1 | Y7,9 Striking and Fielding SUT2 |
| **Cross – curricular / Authentic Links** | Dance- Skills Development Drama- Skill DevelopmentMaths- ST1- Subtraction and Addition Y7 | Maths- Using Percentages- Heart Rate Y9- ST1 | Dance- Skills Development Drama- Skill DevelopmentMaths- ST1- Subtraction and Addition Y7 | Dance- Skills Development Drama- Skill DevelopmentMaths- ST1- Subtraction and Addition Y7 | Maths- Lines and Angles and Measurement ST2 | Dance- Skills Development Drama- Skill DevelopmentMaths- ST1- Subtraction and Addition Y7 |
| **Vocabulary / Literacy** | **Literacy** | **Reading** | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE |
| **Ext. Writing** |  |  | Y8 Knowledge organiser test |  |  |  |
| **Key****Vocabulary** | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE |
| **Memory & Cognition** | **Retrieval Practice: Focus a*nd Activity*** | **Start** | Recall from last lesson/unit | Recall from last lesson/unit | Recall from last lesson/unit | Recall from last lesson/unit | Recall from last lesson/unit | Recall from last lesson/unit |
| **On going** | Do, Describe, Review & Repeat. | Do, Describe, Review & Repeat | Do, Describe, Review & Repeat  | Do, Describe, Review & Repeat | Do, Describe, Review & Repeat | Do, Describe, Review & Repeat |
| **End** | Targeted questioning | Targeted questioning | Targeted questioning | Targeted questioning | Targeted questioning | Targeted questioning |
| **Assessment** | **Summative****Assessment** | Teacher recording sheetsAWOL assessmentKS3 assessment | Teacher recording sheetsAWOL assessmentKS3 assessment | Teacher recording sheetsAWOL assessmentKS3 assessment | Teacher recording sheetsAWOL assessmentKS3 assessment | Teacher recording sheetsAWOL assessmentKS3 assessment | Teacher recording sheetsAWOL assessmentKS3 assessment |
| **Possible misconceptions** |  |  |  |  |  |  |
| **Aspiring, inspiring and Real** | **Links to real world (Inc. SMSC / PD curricula)** | **Commitment****Humility****Discipline**Enrichment clubsNetball, Football, RugbyNetball leagues, Sale Sharks rugby curriculum/enrichment for girls. | ***Commitment******Discipline******Resilience******Self belief*****Perseverance**Inter form cross countryWarrington league @ Walton GardensEnglish Schools Cross Country (National competition)Warrington representativesCounty selectionsSports leadership Bridgewater primary schools | ***Commitment******Consistency******Discipline***County Netball competitionsInter form netball/football competitions | ***Consistency******Honesty***Warrington Schools Badminton competitionSchool enrichment clubCounty Badminton competitionsSports leadership opportunities | ***Commitment******Discipline******Resilience******Self belief***Athletics enrichmentSports dayWarrington Schools athleticsWarrington Indoor athleticsQuad kidsSignposting pupils to Warrington Athletics club | ***Consistency******Honesty***Road to Wimbledon intra school competitionCounty finals of the Road to WimbledonTeam Tennis matches inter schoolInter form striking & fielding competitionsRounders enrichmentInter school rounders competition |

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| **Bridgewater High Key Stage 3 Curriculum Map** |
| Subject – Year 9 |



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| **Intent:6 key principles** | **Implementation** | **Autumn Term 1** | **Autumn Term 2** | **Spring Term 1** | **Spring Term 2** | **Summer Term 1** | **Summer Term 2** |
| **Clarity around knowledge** | **Theme/Topic** | **Invasion games** | Health & Fitness | **Invasion games** | **Striking & Fielding** | **Athletics** | **Striking @ Fielding** |
| **Key Knowledge & Concepts** | HandlingPassing/receivingTacklingPossessionkicking | Continuous Interval FartlekCircuitFitness testing | HandlingPassing/receivingTacklingPossessionkicking | ServiceGroundstrokesVolley/smashRules singles & doubles/officiating | SprintsMiddle distanceShotDiscusJavelinHigh Jump | GripBattingBowlingFieldingCatching/ThrowingKnowledge of rules  |
| **Clarity around Sequencing** | **Main links across the curriculum** | Y7,8 Invasion Games AT1 | Y7,8 Health and Fitness AT2 | Y7,8 Invasion Games ST1 | Y7,8 Striking and Fielding ST2 |  Y7,8 Athletics SUT1 | Y7,8 Striking and Fielding SUT2 |
| **Cross – curricular / Authentic Links** | Dance- Skills Development Drama- Skill DevelopmentMaths- ST1- Subtraction and Addition Y7  | Maths- Using Percentages- Heart Rate Y9- ST1 | Dance- Skills Development Drama- Skill DevelopmentMaths- ST1- Subtraction and Addition Y7 | Dance- Skills Development Drama- Skill DevelopmentMaths- ST1- Subtraction and Addition Y7 | Maths- Lines and Angles and Measurement ST2 | Dance- Skills Development Drama- Skill DevelopmentMaths- ST1- Subtraction and Addition Y7 |
| **Vocabulary / Literacy** | **Literacy** | **Reading** | Knowledge organisers | Knowledge organisers | Knowledge organisers | Knowledge organisers | Knowledge organisers | Knowledge organisers |
| **Ext. Writing** |  |  |  |  |  |  |
| **Key****Vocabulary** | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE | Knowledge organisersVLE |
| **Memory & Cognition** | **Retrieval Practice: Focus a*nd Activity*** | **Start** | Recall from last lesson/unit | Recall from last lesson/unit | Recall from last lesson/unit | Recall from last lesson/unit | Recall from last lesson/unit | Recall from last lesson/unit |
| **On going** | Do, Describe, Review & Repeat. | Do, Describe, Review & Repeat. | Do, Describe, Review & Repeat. | Do, Describe, Review & Repeat. | Do, Describe, Review & Repeat. | Do, Describe, Review & Repeat. |
| **End** | Targeted questioning | Targeted questioning | Targeted questioning | Targeted questioning | Targeted questioning | Targeted questioning |
| **Assessment** | **Summative****Assessment** | Teacher recording sheetsAWOL assessmentKS3 assessment | Teacher recording sheetsAWOL assessmentKS3 assessmentKO Test | Teacher recording sheetsAWOL assessmentKS3 assessment | Teacher recording sheetsAWOL assessmentKS3 assessment | Teacher recording sheetsAWOL assessmentKS3 assessment | Teacher recording sheetsAWOL assessmentKS3 assessment |
| **Possible misconceptions** |  |  |  |  |  |  |
| **Aspiring, inspiring and Real** | **Links to real world (Inc. SMSC / PD curricula)** | **Commitment****Humility****Discipline**Enrichment clubsNetball, Football, RugbyNetball leagues, Sale Sharks rugby curriculum/enrichment for girls. | ***Commitment******Discipline******Resilience******Self belief*****Perseverance**Inter form cross countryWarrington league @ Walton GardensEnglish Schools Cross Country (National competition)Warrington representativesCounty selectionsSports leadership Bridgewater primary schools | ***Commitment******Consistency******Discipline***County Netball competitions | ***Consistency******Honesty***Warrington Schools Badminton competitionSchool enrichment clubCounty Badminton competitions  | ***Discipline******Resilience******Self belief***Athletics enrichmentSports dayWarrington Schools athleticsWarrington Indoor athletics | ***Consistency******Honesty***Road to Wimbledon intra school competitionCounty finals of the Road to WimbledonTeam Tennis matches inter schoolInter form striking & fielding competitionsInter school rounders competitionSports leadership Bridgewater primary schools |
| Sports leadership Bridgewater primary schools | Quad kidsSignposting pupils to Warrington Athletics club | Rounders enrichment |

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| **Bridgewater High Key Stage 3 Curriculum Map** |
| Subject – Year 10 GCSE PE |



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| **Intent:6 key principles** | **Implementation** | **Autumn Term 1** | **Autumn Term 2** | **Spring Term 1** | **Spring Term 2** | **Summer Term 1** | **Summer Term 2** |
| **Clarity around knowledge** | **Theme/Topic** | **Applied anatomy and physiology** | Movement analysis | **Physical training** | **Physical training** | **Use of data** | **AOP Coursework** |
| **Key Knowledge & Concepts** | Bones, Structure of the skeleton, Muscles, Joints, pathway of air, gaseous exchange, Heart, Aerobic/Anaerobic exercise, EPOC, short/long term effects of exercise[AQA Specification](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/subject-content/the-human-body-and-movement-in-physical-activity-and-sport#Applied_anatomy_and_physiology) | 3 class of lever, mechanical advantage, analysis of basic movement, Planes and axis[AQA Specification](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/subject-content/the-human-body-and-movement-in-physical-activity-and-sport#Applied_anatomy_and_physiology) | Relationship between H and F, Components of Fitness | Calculating intensities optimise training effectiveness, Injury prevention, High Altitude Training, Seasonal Aspects, warming up/ cooling down[AQA Specification](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/subject-content/the-human-body-and-movement-in-physical-activity-and-sport#Applied_anatomy_and_physiology) | Quantitative data, Methods of collecting Quantitative data, Qualitative data, Methods of collecting Qualitative data[AQA Specification](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/subject-content/the-human-body-and-movement-in-physical-activity-and-sport#Applied_anatomy_and_physiology) | Analysis of performance [AQA Specification](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/subject-content/the-human-body-and-movement-in-physical-activity-and-sport#Applied_anatomy_and_physiology) |
| Limitations of testing, Principles of Training, Application of the principles of Training, | Evaluation of performance  |
| Types of Training, Advantages and Disadvantages of training linked to aims, |  |
| **Clarity around Sequencing** | **Main links across the curriculum** | Y7,8,9 Health and Fitness  | Y7,8,9 Invasion games and Athletics  | Y7,8,9 Health and Fitness  | Y7,8,9 Health and Fitness  |  | Y7,8,9 Invasion games- Improving Performance  |
| **Cross – curricular / Authentic Links** | Biology Y10 AT1 Respiration and Circulatory System AT2 | Science Y8 AT2 levers  | Maths- Data Collection  | Maths- Percentages, subtraction and division  | Maths- Collecting, presenting and interpreting data | Dance- Performance development  |
| **Vocabulary / Literacy** | **Literacy** | **Reading** | AQA GCSE Revision GuideClass Powerpoints | AQA GCSE Revision GuideClass Powerpoints | AQA GCSE Revision GuideClass Powerpoints | AQA GCSE Revision GuideClass Powerpoints | AQA GCSE Revision GuideClass Powerpoints | AQA GCSE Revision GuideClass Powerpoints |
| **Ext. Writing** | 4-mark questioning, AQA GCSE Revision Guide[AQA Past Papers](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/assessment-resources) | 4-6-mark extended questioning, AQA GCSE Revision Guide[AQA Past Papers](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/assessment-resources) | 4-6mark extended questioning, AQA GCSE Revision Guide[AQA Past Papers](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/assessment-resources) | 6-9-mark extended questioning. AQA GCSE Revision Guide[AQA Past Papers](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/assessment-resources) | 9-mark extended questioning, AQA GCSE Revision Guide[AQA Past Papers](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/assessment-resources) | AQA Revision Guide, [AQA Website](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/subject-content/the-human-body-and-movement-in-physical-activity-and-sport#Applied_anatomy_and_physiology)[AQA Past Papers](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/assessment-resources) |
| **Key****Vocabulary** | Knowledge Organiser, Subject specific vocabulary AQA GCSE PE Revision Guide, VLE | Knowledge Organiser, Subject specific vocabulary AQA GCSE PE Revision Guide, VLE. | Knowledge Organiser, Subject specific vocabulary AQA GCSE PE Revision Guide, VLE. | Knowledge Organiser, Subject specific vocabulary AQA GCSE PE Revision Guide, VLE. | Knowledge Organiser, Subject specific vocabulary AQA GCSE PE Revision Guide, VLE. | Knowledge Organiser, Subject specific vocabulary AQA GCSE PE Revision Guide, VLE. |
| **Memory & Cognition** | **Retrieval Practice: Focus a*nd Activity*** | **Start** | Low stakes test-Back to the Future, reinforce key learning from last lesson and future topic | Low stakes test-Back to the Future, reinforce key learning from last lesson and future topic | Low stakes test-Back to the Future, reinforce key learning from last lesson and future topic | Low stakes test-Back to the Future, reinforce key learning from last lesson and future topic | Low stakes test-Back to the Future, reinforce key learning from last lesson and future topic | Student portfolioAOP Guidance booklet |
| **On going** | Questioning and Answering-sharing knowledge and understanding. Peer and self-assessment | Questioning and Answering-sharing knowledge and understanding. Peer and self-assessment | Questioning and Answering-sharing knowledge and understanding. Peer and self-assessment | Questioning and Answering-sharing knowledge and understanding. Peer and self-assessment | Questioning and Answering-sharing knowledge and understanding. Peer and self-assessment | Student/ staff interaction Peer and Self Assessment |
| **End** | Pupil Learning Checklists | Pupil Learning Checklists | Pupil Learning Checklists | Pupil Learning Checklists | Pupil Learning Checklists | AOP Checklist  |
| **Assessment** | **Summative****Assessment** | End of unit test, Back to the Future tests | End of unit test, Back to the Future testsQMA 1 | End of unit test, Back to the Future tests | End of unit test, Back to the Future tests, QMA2 | End of unit test, Back to the Future tests | Year 10 Mock Exam  |
| **Possible misconceptions** | Concentric/eccentric contract action. Prime mover | 3 classes of levers/ Planes and axis | Students confuse COF with Principles of Training |  |  |  |
| **Aspiring, inspiring and Real** | **Links to real world (Inc. SMSC / PD curricula)** | How the body works in relation to sport and everyday life  | Biomechanics of movement  | How training and principles can improve health, fitness and performance | Improvement in health and wellbeing  | Data Collection  | Analysis of performance |
| improve health, fitness and performance | improvement in performance |

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| **Bridgewater High Key Stage 3 Curriculum Map** |
| Subject – Year 11 GCSE PE |



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| **Intent:6 key principles** | **Implementation** | **Autumn Term 1** | **Autumn Term 2** | **Spring Term 1** | **Spring Term 2** | **Summer Term 1** | **Summer Term 2** |
| **Clarity around knowledge** | **Theme/Topic** | **Sports psychology** | **Sports psychology** | Socio-cultural influences | **Health, fitness and well-being** **Use of data** | **Revision AQA exam****Exam Paper 1(1hr 15 mins)****Exam paper 2(1hr 15 mins)** |  |
| **Key Knowledge & Concepts** | Skill and Ability, Classification of skill, goals, SMART, Information Processing, Guidance and Feedback, Arousal, Inverted U | Arousal, Inverted U, Arousal levels, Intrinsic/Extrinsic Motivation, Direct-Indirect AggressionFinal submission of AQA Coursework | Engagement patterns of different social groups, Commercialisation, Sponsorship, Media, Technology positives and Negatives, conduct of a performer, Prohibited substances, Spectator behaviour | Health, wellbeing and fitness links, sedentary lifestyle, Obesity, Somatotypes, Nutrition and diet, Hydration. | Revision of all topics from the previous year |  |
| **Clarity around Sequencing** | **Main links across the curriculum** | Y7,8,9 Invasions Games- Skill Development  |  |  | Y9- Health and Fitness  | Biology |  |
| **Cross – curricular / Authentic Links** | Dance- AT1- Skill and Technique Y11 |  | History – context of medicine and drugs in 1914History Paper 2 The Elizabethan England, sports and past times  | Food Technology – diet and nutritionBiology – control of body temperature and water balance | Dance Problem solving, critical thinking and evaluation |  |
| **Vocabulary / Literacy** | **Literacy** | **Reading** | AQA GCSE Revision GuideClass Powerpoints | AQA GCSE Revision GuideClass Powerpoints | AQA GCSE Revision GuideClass Powerpoints | AQA GCSE Revision GuideClass Powerpoints | AQA GCSE Revision GuideClass Powerpoints  |  |
| **Ext. Writing** | 6-9-mark questioning, AQA GCSE Revision Guide[AQA Past Papers](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/assessment-resources) | 6-9-mark extended questioning, AQA GCSE Revision Guide[AQA Past Papers](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/assessment-resources) | 6-9 mark extended questioning, AQA GCSE Revision Guide[AQA Past Papers](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/assessment-resources) | 9-mark extended questioning. AQA GCSE Revision Guide[AQA Past Papers](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/assessment-resources) | AQA Revision Guide, [AQA Website](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/subject-content/the-human-body-and-movement-in-physical-activity-and-sport#Applied_anatomy_and_physiology)[AQA Past Papers](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/assessment-resources) |  |
| **Key****Vocabulary** | Knowledge Organiser, Subject specific vocabulary AQA GCSE PE Revision Guide, VLE | Knowledge Organiser, Subject specific vocabulary AQA GCSE PE Revision Guide, VLE. | Knowledge Organiser, Subject specific vocabulary AQA GCSE PE Revision Guide, VLE. | Knowledge Organiser, Subject specific vocabulary AQA GCSE PE Revision Guide, VLE. | Knowledge Organiser, Subject specific vocabulary AQA GCSE PE Revision Guide, VLE. | Knowledge Organiser, Subject specific vocabulary AQA GCSE PE Revision Guide, VLE. |
| **Memory & Cognition** | **Retrieval Practice: Focus a*nd Activity*** | **Start** | Low stakes test-Back to the Future, reinforce key learning from last lesson and future topic | Low stakes test-Back to the Future, reinforce key learning from last lesson and future topic | Low stakes test-Back to the Future, reinforce key learning from last lesson and future topic | Low stakes test-Back to the Future, reinforce key learning from last lesson and future topic | Low stakes test-Back to the Future, reinforce key learning from last lesson and future topic |  |
| **On going** | Questioning and Answering-sharing knowledge and understanding. Peer and self-assessment | Questioning and Answering-sharing knowledge and understanding. Peer and self-assessment | Questioning and Answering-sharing knowledge and understanding. Peer and self-assessment | Questioning and Answering-sharing knowledge and understanding. Peer and self-assessment | Questioning and Answering-sharing knowledge and understanding. Peer and self-assessment |  |
| **End** | Pupil Learning Checklists | Pupil Learning Checklists | Pupil Learning Checklists | Pupil Learning Checklists | Pupil Learning Checklists |  |
| **Assessment** | **Summative****Assessment** | End of unit test, Back to the Future testsQMA3 | End of unit test, Back to the Future testsYear 11 Christmas Mock Paper | End of unit test, Back to the Future testsQMA4 | End of unit test, Back to the Future tests, Year 11 March Mock exam | [AQA Website](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/subject-content/the-human-body-and-movement-in-physical-activity-and-sport#Applied_anatomy_and_physiology)[AQA Past Papers](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/assessment-resources) |  |
| **Possible misconceptions** | Information processing model | Direct/Indirect aggression definitions | PEDs legality and outcomes from their use | Links with healthy eating and lifestyle | 6-9 markers must be in continuous prose  |  |
| **Aspiring, inspiring and Real** | **Links to real world (Inc. SMSC / PD curricula)** | How sports professionals process information and make decisions within games  | Aggression within sport and how levels of arousal can effect mood and environment | Following the rules of society and the sport | Living a healthy and active lifestyle and the impact it has on your body  |  |  |