

**JULY 2023 | ISSUE 4** 

# THE BRIDGE

P18 - D of E AWARDS.

Students show "determination beyond their years".

**P27 - PERFORMING ARTS** 

Read all about our talented performers

P40 - SPORTS NEWS

A look at individual and team sporting achievements



### PRINCIPAL'S MESSAGE

It is with a mix of emotions that we find ourselves at the end of another academic year. As we bid farewell to our accomplished Year 11 students, who have grown into well-rounded young adults, we eagerly welcome a vibrant and enthusiastic group of new Year 7 students. Throughout this year, we have experienced both highs and lows, as is the natural cycle of life. However, it is crucial that we reflect on the achievements and accomplishments of our school community and take pride in our collective successes.

Despite the challenges we faced, starting with the school being a construction site, we have once again been blessed with a dedicated community of students, parents, carers, and staff who have worked together tirelessly to ensure the best for our young people. It is the joint effort of each and every one of you that makes our school exceptional, and for that, I extend my heartfelt gratitude.

I would also like to express my appreciation to the parents and carers who took the time to provide valuable feedback and ideas through the parental survey last term, focusing on communication and parental engagement. Behind the scenes, we have been diligently working to incorporate your comments and suggestions, and I am excited to announce that we will have some exciting developments in place when we return in September. We will provide a comprehensive update at that time.

As we approach the summer break, I encourage you to take a moment to celebrate the successes of our students and to witness the incredible range of activities they participate in daily. Wishing you all a restful and safe summer holiday.

Mr. K. J Powell Principal

# TEACAKE CHALLENGE

Every year, the Food Teachers' Centre sets a competition based around food presentation. Students are set a brief (this year 'shapes and patterns'). Using plating and presentation skills, they need to make a simple Tunnock's teacake look exciting and appealing. We entered two categories: most novel and 14+.

We are excited to say, we have a winner!!!! Megan, Y10, was awarded a prize in a third category 'Judges Recommendations'. They recognised how beautiful, skilful and well presented her work was. This is a National competition, which many schools enter, and usually there are at least 100 entries.

This was our first year entering and we have a winner! What a great achievement by Megan, and very well deserved!! We are very proud.

Mrs S Callaway



# **FIT FOR A KING**

For the King's Coronation our Designated Provision pupils worked hard as a team creating a Union Jack from fruit. They absolutely loved doing this and helped each other. They equally loved that they could eat it all when they had finished making it.

Thanks everyone for helping to make this work.

Mrs R Binley



# Bridgewater High School: INSET Day Brings Ultimate Fitness Cheshire to school for Body Composition Analysis

Bridgewater High School recently had the honour of welcoming Jeff Millington, a fitness expert from Ultimate Fitness Cheshire, to conduct an exclusive 'InBody' body composition analysis during a recent INSET Day. This remarkable service was offered free of charge to all members of the school's staff.

The InBody Scan proved popular, providing participants with a comprehensive breakdown of their body composition. By analysing crucial factors such as body fat percentage, muscle mass, and water distribution, the scan revealed essential insights about individual health and fitness. This information empowered staff members to focus on specific areas of their body composition and make informed decisions about their fitness and nutrition plans.

Jeff Millington, along with his colleague Lois Blower, a Nutrition Consultant, were present throughout the day to offer personalised evaluations of the scan results. Their expertise and guidance proved invaluable as they provided staff members with advice and recommendations for future actions to enhance their overall health.

Over twenty teaching and support staff members eagerly seized this unique opportunity to gain a deeper understanding of their body composition and take proactive steps towards improving their well-being. Bridgewater High School extends heartfelt gratitude to Ultimate Fitness Cheshire for their exceptional contribution to this enriching event.

Ultimate Fitness Cheshire, located in Appleton Thorn, Warrington, is a renowned private gym that specialises in personal training, dedicated to helping individuals achieve their fitness goals. To learn more about the work they do, please visit their website:

www.ultimatefitnesscheshire.co.uk.

The INSET Day served as a valuable reminder of the school's commitment to fostering a culture of wellness and personal development among its staff members. Bridgewater High School looks forward to organising similar initiatives in the future to support the health and well-being of its dedicated staff.



#### STUDENTS VISIT DARESBURY LABORATORIES

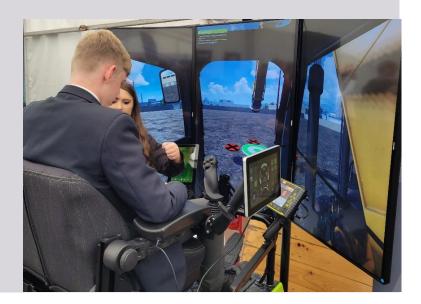
On Tuesday 11th July, IT students had the privilege of attending Daresbury Labs to investigate some of the technological development taking place right on our doorstep. Students explored elements of AI, supercomputers and technology developed by NASA.



The trip started with an inspiring science talk from Pete Lomas. Pete was the creator of Raspberry PI which has been influential developing modern technology. Pete showed students how Raspberry AI works and how it was created. He also introduced students to many of the components of his technology, some of which have been used to support space exploration.

Students then had the opportunity to experience varied technology in a hands-on environment at the science fair. There were many different opportunities for students to become creative: Al dogs, liquid nitrogen ice cream and mini drones are just some of the technology students explored, while experts in the field shared their vast knowledge with students.









After exploring the science fair, students visited the 'Immerse Data Visualisation Suite', where they were introduced to the country's only supercomputer. Students experienced a visualisation of a walk-through a supercomputer, where individual components could be examined. The Visualisation Suite showed students how the supercomputer is used in a range of fields, such as testing the aerodynamics of a formula 1 car and the impact of asteroid strikes in the formation of Earth and our moon.



Lastly, students were challenged to create their own technology at the Ada Lovelace Workshop. Students created their own 'red alert' system using Arduino technology, which aims to alert people to potential catastrophes. Students had to use the programming skills they have developed throughout KS3 and KS4 IT to complete this successfully.







We managed to catch up with some of students after the trip and they gave us their views:

"It was enjoyable. I liked the talk by Pete Lomas about the Raspberry Pi and space. I also enjoyed the talk about the supercomputer they have in Daresbury labs and what it is used for. "
Joe.

"We went to Daresbury Labs and it was interesting. We walked around this tent and saw lots of interesting things like a robot dog worth £70. We got lots of freebies like glow sticks, ice cream, fidget spinners and more."

George



"We had a talk about supercomputers and their uses which was cool. After that we went and built a circuit that we had to code to have an LED light up."

George



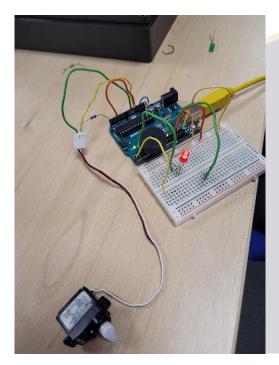


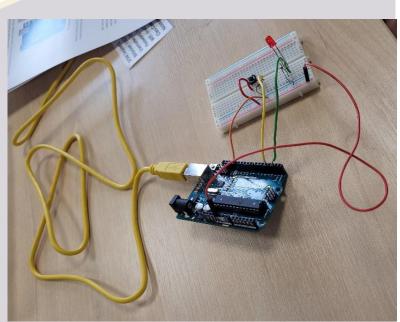




We started the day of with a lecture from the Co-founder of the Raspberry Pi which we found very interesting as we found out a lot about the Raspberry Pi and we got to ask him in-depth questions. Then we went onto a science fair where we were able to wander around different stalls and discover all sorts about physics, robots and various other things. This was very intriguing and fun to experience and learn about people's different professions. "

Harry & Kai.





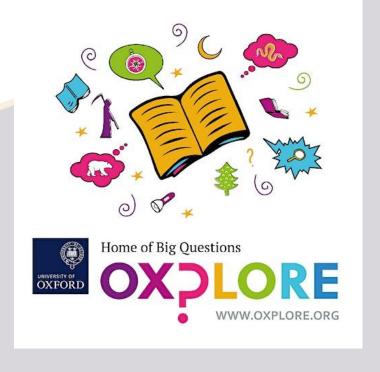
#### **OXPLORE**

On Tuesday 4<sup>th</sup> July and Thursday 6<sup>th</sup> July, pupils from across Years 7-10 took part in the STEM programme run by Oxplore, which is an outreach of Oxford University. The aim of these days is to improve the academic aspirations of pupils and to encourage more students to not only think about going to university, but also to consider Oxford and other Russell group universities as a realistic option. This term they looked at the impact of humans on the environment, helping to build their understanding of the negative impact of human activities whilst allowing them to develop the skills they need to study STEM at a higher level.

Year 9 and 10 pupils started the week by investigating and discussing the question: are humans more important than animals? Pupils recapped food chains before taking on different roles to consider the impact of a housing development on an area, having to argue the best way forward from the perspective of the stakeholder they were assigned. Our students did an excellent job at taking on these roles and were able to argue and understand the different points of view, before agreeing on the next steps to be taken.

Year 7 and 8 pupils continued to investigate the impact of humans on the environment, focusing on the oceans. Pupils learnt about how to create an academic poster as well as researching different issues within our oceans. They then had to present their findings to other groups, teaching each other about their particular problem.

Our students created some wonderful and informative academic posters and were a credit to the school. They worked collaboratively with other students in coming up with creative ideas. I would like to thank the researchers from Oxford for their time and the effort they put into the sessions. They were both interesting and enjoyable and we all look forward to more sessions next year.



#### YEAR 9 VISIT TO PRIESTLY COLLEGE

In June, we took 14 students, nominated by their teachers, to the Aim Higher Maths and Science Conference: 'Green Energy and Sustainability' at Priestly College. Students took part in activities including a chemistry lodine clock workshop and a games design session. They also had the opportunity to tour the college. Our students were involved in talking to Priestly students and alumni, who were presenting posters and talking about their graduate studies programme. The students were a credit to themselves and to Bridgewater (and the pizza lunch was quite good too!)

Ms Shaw & Mr White

#### THE SCIENCE CONFERENCE AT PRIESTLY COLLEGE

We had the opportunity to participate in the science conference at Priestly College. We did a range of activities like mixing chemicals in different quantities to see how quickly they changed colour and making an animated ball bounce in the most realistic way possible. We also got to ask many of their students lots of questions about what they study and why it interests them. I think it was a really interesting day and it was a nice taster of what college is like.

Roxana Y9

On Thursday the 28th June, fourteen students from year 9 were invited to Priestley College to join a science and maths workshop. This included game design and experiments with iodine. After the workshop, Priestly students set up stands about their respective subjects and allowed visiting high school students to see what subjects at Priestly and other colleges look like. In all, it was an amazing day allowing students to learn beyond the classroom.

Matthew Y9



#### YEAR 9 STUDENTS MEET MP FOR WARRINGTON SOUTH

During the penultimate week of this academic year, students of 9a1 English had the wonderful opportunity to meet Andy Carter, the MP for Warrington South. This happened as a result of a homework task, whereby the students were asked to write an email to Mr Carter about an issue in Warrington. The students chosen to speak to him were: Faye, Rutendo, Imogen, Sarita, Andrew, Joe and Adam, together with their teacher, Mr Till.

The meeting began with Mr. Carter talking to the students about his role as a Member of Parliament and his past life. He started off as a journalist, then with his degree in Economics, he moved on to found the company Smooth Radio. Mr. Carter's introduction to politics came when he wrote to his council but received no reply. Because of this, he was asked to become a councillor himself and then went on to become the MP for Warrington South in 2019. As a politician, Mr. Carter said, "I represent the people, not the government." As there are only 650 MPs in the country, Mr. Carter has to represent 100,000 people at once. The most recent project he has been working on is the Online Safety Bill which states that companies must protect consumers from defamation and libel.

Afterwards, the group moved onto a Q&A session, during which 9a1 pupils asked Mr. Carter about any issues they were concerned about. Mr. Carter also explained his personal projects, one of which was to fund life skill lessons in schools about topics including: savings, interests, taxes, budgeting and other financial issues. He also has work experience opportunities available for 16-18 year olds. As part of this initiative, young people will be able to spend a week with Mr. Carter in his offices and also in Parliament. However, in the next election, Mr. Carter will not be running for MP of South Warrington because boundary changes mean that his residence will no longer be a part of Warrington South. He has told us that he does not know what he plans to do afterwards but 9a1 wish him all the best.

In conclusion, the students in 9a1 thoroughly enjoyed the interesting experience. Faye said, "It was exceptionally informative and it was great to hear about the beginning of changes in the country." 9a1 hope they receive many more opportunities like this in the future. Our thanks go to Andy Carter.

Imogen and Rutendo



# STUDENTS VISIT WARRINGTON HOSPITAL

A number of Year 10 students were able to experience what life is like in our bustling Warrington Hospital. The Head of Medical Engineering took the students to his labs and explained about his job, how he got it and what he and his team do, as well as demonstrating some of the equipment within his lab.

The students were then taken on a whistle - stop tour of the hospital.

They experienced an environment that included Police with injured people in handcuffs, postal workers pushing trolleys around, cleaning staff, doctors dashing from place to place, porters and their patients and even a food market within the hospital. That was just from walking down the main corridor!

Students' comments included:

"I didn't know you could do work experience at a hospital".

"I feel it would be too stressful for me, way too busy at times".

"Lots of different experiences"

"Equipment in hospitals has to fail in a safe way. I learned a lot about medical engineering"



#### CYBER EXPLORERS

#### **Cyber Explorers Virtual Workshop**

This year a selection of our Year 7 and Year 8 students participated in the Cyber Explorers Virtual Workshop run by Miss Price, Mr Herron and Mrs Scott. The sessions took place over a couple of weeks with the aim of encouraging students to have a pro-active approach to their interest in cyber and cyber careers.

The interactive sessions were run by Baasit Siddiqui, whom you may remember from Gogglebox, who introduced the Cyber Explorers platform. Students who participated now have an account to access a fun, free and interactive learning platform which allows them to become future digital superstars. The platform is safe and easy for students to use. It helps students to develop real-world cyber skills which are suitable for both at school and home learning. Our Year 7 and Year 8 students who took part were fantastic. They engaged with all elements of the workshops, particularly the Kahoot activity!



# EASTER KS3 BAKING COMPETITION

Well done to everyone who entered the Easter Baking Competition!! As usual there were some fantastic entries and lots of skills shown!

Winner and runners up all received a prize! You can see who the winners are below.

Well done again. Look out for the next competition!

#### Mrs S Callaway



RUNNER UP Olivia Y9



WINNER Olivia Y7

This is my Easter cookie pie. It is a large, cookie-based cake filled with chocolate chips and topped with mini eggs on a base of homemade buttercream that my family ate over Easter. It tasted amazing!



RUNNER UP Evie Y7

Red Velvet cake shaped as an Easter bunny with vanilla buttercream

# **OPENING OF BRIDGEWATER HIGH SCHOOL**



THE High Sheriff of Cheshire was on hand to perform the official opening of the new expansion of Bridgewater High School at Appleton, Warrington.

Dr Dennis Dunn MBE JP DL Formerly Pro Vice-Chancellor at Manchester Metropolitan University, performed the official opening in front of invited guests during a special ribbon-cutting ceremony.

It followed a tour of the expansion at the Upper School site, which followed a lengthy consultation exercise. The expansion work was required to cope with increasing pupil numbers in the area.

Following the official opening, the High Sheriff took to social media to praise the "wonderful" staff and students, who he described as "confident" and "articulate."



**BRIDGEWATER NEWSLETTER** 

## Linking Environment and Farming (LEAF)

#### 2 Day Residential





Surprise visit from HRH the Duchess of Edinburgh

HRH is an Honorary President at LEAF Education. She joined the students of Day 1 and got involved with the activities. She gave her thoughts towards the agri industry and how young people are the future. We really enjoyed meeting her.

12 Year 10 Food Preparation and Nutrition students were invited to attend a 2-day residential which offered hands on practical understanding of the modern agri-food industry.

During the two days students worked with both Harper Adam's lecturers, the LEAF Education team and McDonald's Progressive Young Farmers in practical workshops. Workshops covered:

- 1. The environment and sustainable food production to understand how the natural world inspires and supports our economy, health and wellbeing.
- 2. The £multi-billion agri-food business, and how our food choices as a consumer make a difference.
- 3. The agri-engineering sector and the future of the agricultural industry, understanding the role future engineering has to make a greener and more efficient food system.
- 4. The agricultural sector more widely, to understand how agriculture feeds the world and the challenges we face with an ever-growing population with more limited resources.
- 5. Discussion groups around the core areas of the research. They are therefore looking for students who will be keen to share their thoughts and opinions and help the agrifood industry to develop a future strategy of how to better engage, inspire and motivate young people to be: more conscious consumers, to understand the food industry more, to champion sustainable food production, to consider a career in the agrifood sector and to see its relevance to their everyday lives and to bring a more diverse and younger voice and ultimately inspire others.

https://www.harper-adams.ac.uk/news/207998/time-for-a-fresh-look-leaf-educations-research-sets-out-to-inspire-the-next-generation-of-agricultural-leaders

BRIDGEWATER NEWSLETTER ISSUE 4 SUMMER 2023



#### **DUKE OF EDINBURGH NEWS**

#### Reproduced by kind permission of The Warrington Guardian.

A visually impaired teenager is among a dedicated group of students who have shown 'determination beyond their years'. Eimear has been blind since birth, and to Bridgewater High School's knowledge, she is the first visually impaired student to complete the Silver Duke of Edinburgh Award.

The Y10 pupil was one of four dedicated students from the Appleton school, as well as her sighted guide, who took part in a gruelling 100km walk across hill and moorland terrain around Llangollen over two weekends, camping along the way. Mr Owen Gifford, DoE Coordinator at the school, said "Eimear and her walking group of five showed real determination and teamwork beyond their years, to negotiate dense woodland, stiles, steep slopes, streams, wildlife and the searing heat of last weekend.

"For most, walking this distance alone is a daunting task let along while carrying a full rucksack containing tents and stoves. The group maintained incredible morale and have made lasting memories that will drive them on to bigger and better things."

Eimear is already thinking about her next challenge, the Gold DofE Award.

Mr Gifford added "This shows the drive and passion Eimear has for the outdoors. It is inspiring to witness the students complete such a challenge with such positivity, epitomising the teamwork and skills required by the Duke of Edinburgh Award. They should be proud of their achievement. It has been a pleasure to work with them all"



#### **DUKE OF EDINBURGH BRONZE AND SILVER AWARD**

We have had another very successful year with our Duke of Edinburgh award at Bridgewater, completing over 200 Bronze and Silver expeditions and issuing over 100 completed Bronze and Silver awards. Over 4500 hours of skills, physical effort and volunteering have taken place in our local community as part of the project. All of our year 11 and 10 DofE students have worked with determination and teamwork to make many fond memories and lasting friendships.

Well done to everyone and thank you to the school DofE team for providing never-ending support and motivation for all our young people: Mrs Blakeley, Ms McInnes, Mrs Nicolson, Ms Brennan, Mrs Campbell, Mr Mann and Ms Marshall. Thank you.

#### MR. GIFFORD



#### STUDENT LEADERSHIP

Many congratulations to our newly appointed Student Senior Leadership Team for 2023-2024. They will act as ambassadors for the School and serve as important role models whilst delivering on our school vision and values. They look forward to sharing their strategic objectives with the whole school community as they look to work collaboratively with school staff to create positive change within our school.



### A Spotlight on Lyfta

### What is Lyfta?

Lyfta is an award-winning immersive learning platform which allows teachers to build and curate powerful, interactive and curriculum-aligned lessons that bring learning to life. Lyfta helps educators to engage and inspire digitally-native children and young people; foster critical skills and values for navigating our changing world; and broaden horizons by giving children and young people opportunities to see beyond their everyday realities.

- Lyfta invites students to experience different cultures and perspectives.
- It gives them the opportunity to see and connect with positive human stories from around the world
   modelling resilience, problem-solving, teamwork, and many other critical skills, values and competencies.
- Lyfta helps teachers nurture the global citizens of tomorrow.

Lyfta offers a series of immersive learning environments called storyworlds, where students can explore real life human stories through stunning 360° environments, high-quality films and digital content.

The interactivity and immersive nature of the content, the powerful human stories, and the carefully designed tasks and activities, combine to create truly unique, compelling and impactful learning experiences.

#### Why are we using Lyfta?

**Powerful real human stories :** Students experience different perspectives and have human encounters they might not otherwise be able to have.

**World class documentary films**: Powerful short documentary films by award-winning filmmakers from around the world.

**Innovative and engaging:** Interactive and immersive technology creates deep engagement and an emotional connection with the content.

Lyfta is delivered every week as part of the PD Tutorial Programme to all Year 7 and 8 students

Across the Year we have visited over **30 different Countries** across both Year Groups



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Every year the UKMT run challenges for pupils who enjoy using mathematical reasoning and precision of thought to solve interesting problems.

This year 19 Pupils from years 10 and 11 entered the Intermediate maths challenge and 21 Pupils from years 7 and 8 entered the Junior maths challenge.

We have had a very successful year with some outstanding results.

#### **Junior Challenge**

- 6 bronze Certificates
- 2 silver Certificates
- 3 Gold Certificates

Nathaniel T received a best in school award and went through to the next round, the junior kangaroo where he received a merit.

Rosalyn C received a best in year 7 award.

#### **Intermediate Challenge**

- 4 Bronze certificates
- **5 Silver Certificates**
- 2 Gold Certificates

Revansh D received the best in Upper School award and went through to the next round, pink kangaroo.

Will M received a best in Year 10 award.



MEM run a **Challenge Years 7 and 8** and **Senior Challenge Years 9 and 10** which are take-home competitions in the February half term. Both competitions consist of about 8 questions usually centred around a particular theme, with illustrations. The theme for 2023 was **Ancient Egyptians**.

This year two of our pupils were invited to the prize-giving evening at the University of Liverpool.

In addition to this Edward W and Nathaniel T will be attending the MEM Masterclasses in the autumn term.

Here are some sample questions for you to try...

Each cell in the cross	number is to be filled	l with a single	digit.	1	
	Across 1. A cube 2. A square	<b>Down</b> 1. A prime		2	
Which of these could	be the sum of the fo	ur digits in the	e crossnumber?		
A 17 B	16 C 15	D 1	4 E 13		
	imber of pounds an	d to buy at le		ge stamp cost 66p. In ord be, what is the smallest to	
A 10	B 8	C 7	D 5	E 2	
What is the largest not be placed on the 4 × pieces?					
A 2 B 3	3 C 4	D 5	E 6		

# PIZZA EXPRESS TRIP

Eighty Year 7 students enjoyed a summer rewards trip to Pizza Express in Stockton Heath. Pizza Express were extremely accommodating, and they made sure that our students had an enjoyable afternoon celebrating what has been a successful first year at Bridgewater High school.











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# CHINESE COOKERY WORKSHOP

Year 10 had the opportunity to take part in a fun workshop called 'Chinese Cookery Workshop Ambassadors'. This is run by the makers of Lee Kum Kee sauces, the people who invented Oyster sauce which is used all around the world. The workshop was a hands-on experience which reinforced students' knowledge, theory and cooking skills, all of which are needed for their coursework, theory exam and 3-hour practical exam in Year 11. The workshop included discussion about Chinese culture and cookery, learning how to debone chicken thighs and make chicken in black bean sauce from scratch, The students really enjoyed the session, especially the tasting sessions!

Mrs S Callaway



# THE IMPORTANCE OF THE PERFORMING ARTS

Jacob, in Year 10, recently gave the following speech for his English Language GCSE Spoken Assessment. Given the many cuts to government funding of the Arts in general, we thought this excellent speech needed to be shared with a wider audience, so we have included it here. We're sure you'll all agree with everything that Jacob says.



#### Good Afternoon,

Today, I want to take a moment to talk about the transformative power of performing arts on young people. We live in a world where technology reigns supreme, where screens and devices dominate our attention. Yet, in the midst of this digital age, the performing arts continue to play a vital role in shaping the lives of our youth. So, let me ask you: Have you ever wondered about the impact of performing arts on the next generation?

Imagine a world without music, dance, drama, or any form of creative expression. Would it be a world worth living in? Certainly not! The performing arts have an immense influence on young people, helping them grow, develop, and navigate their way through life. But don't just take my word for it. Let me share with you some compelling facts and statistics.

Did you know that engaging in the performing arts has been shown to improve academic performance? According to a study conducted by the Arts Education Partnership, students involved in the arts are four times more likely to be recognized for academic achievement. It's not just about entertainment; the performing arts enhance cognitive skills, critical thinking, and problem-solving abilities. By engaging in music, drama, or dance, young people are actively shaping their minds, expanding their horizons, and preparing for a successful future.

But it doesn't stop there. The performing arts also foster empathy and emotional intelligence. Through the power of storytelling, young people learn to understand different perspectives, to step into the shoes of others, and to develop compassion. In fact, a study published in the Journal of Applied School Psychology found that students involved in drama and theatre showed significant improvements in empathy and social skills. The performing arts become a vehicle for personal growth, allowing young people to explore their emotions, build resilience, and develop a deep sense of self-awareness.

Now, let me pose another question to you: Can you envision a society devoid of creativity and innovation? I certainly can't. The performing arts nurture creativity, allowing young minds to break free from conventional thinking and discover new possibilities. They encourage imagination, originality, and the courage to take risks. In a world that demands innovation, the performing arts equip young people with the tools to think outside the box, to find unique solutions to complex problems, and to become the leaders and entrepreneurs of tomorrow.

Moreover, the performing arts provide a platform for self-expression and self-confidence. For young people who might feel invisible or unheard, stepping onto a stage or into a dance studio can be a transformative experience. It empowers them to find their voice, to express their thoughts and emotions, and to build a strong sense of self-esteem. By engaging in the performing arts, young people learn to believe in themselves, to overcome challenges, and to embrace their individuality.

In conclusion, the impact of performing arts on young people cannot be underestimated. It enhances academic performance, fosters empathy, nurtures creativity and builds self-confidence. It shapes well-rounded individuals who can navigate the complexities of life with grace and resilience. So, let us continue to support and invest in the performing arts, for they hold the key to a brighter future.

Thank you.

Jacob is a Senior Student Leader and studies BTEC Acting, as well has having a high profile within the Performing Arts through our extra-curricular clubs.

#### **Actor workshop with Laura Harrison**

On Monday 3<sup>rd</sup> July, selected Year 10 and Year 8 pupils took part in a Drama workshop with professional performer, Laura Harrison. With credits such as *Wicked*, *Blood Brothers* and *Legally Blonde* to her name, it was a privilege to welcome Laura into our school!



Our Year 10 Acting classes were guided through scenes from *Blood Brothers* to assist with their knowledge of this set text. Laura allowed them to be creative with scene development, then offered step-by-step direction during the performances to aid their progression and character understanding. Laura has starred in the 'Blood Brothers' tour, so her advice was invaluable to our participants.

Laura then worked with our Year 10 Musical Theatre pupils to choregraph a sequence from 'One Short Day' from *Wicked*. They loved it! She directed the pupils using actual movements from the stage show and encouraged them bring out their imaginative interpretation of the roles within the song.

Then followed a Q&A session, during which Laura talked to our pupils about how she developed her skills in the Performing Arts in local theatre groups in Warrington, leading her to attend Drama school in London. Laura gave our pupils real inspiration and belief that one day it could be them stood on that stage. Anything is possible!

Later in the day, Laura made her way to lower site to work with a group of Year 8 pupils on scenes from Wicked. Twenty-four pupils were selected by the Drama staff as reward for their hard work and dedication within lessons, so this event was a real treat for them. Again, they were given time to be creative, followed by direction for specifics within the scenes. We thank Laura for her professionalism and wealth of experience. Ee had a great day!

Mrs Swaffield Head of Drama

#### **Community Links with Broomfields Primary School**

During June and July, the Drama department ventured into Broomfields Primary School to deliver practical lessons to Year 5 pupils. Mrs Swaffield visited each Year 5 class to teach them all about 'Darkwood Manor'. Based on a topic we cover in Year 7 Drama lessons, pupils used physical theatre to create objects in and around the mysterious manor. They were taught all about creating tension on stage and how music can help to create a desired atmosphere for the audience. All pupils were fantastic and worked collaboratively to create imaginative work. Miss Plimmer also took her Year 10 Musical Theatre class to meet the Year 5 cohort and perform a variety of songs for them. Well done to everyone involved! We hope to build on our community links in the next academic year!

Mrs Swaffield Head of Drama

Congratulations to Ash in Year 10 BTEC Musical Theatre, who recently received the Debbie Luty Performing Arts Award.

We sadly lost our former colleague, Debbie Luty, in late 2020 after a two-year battle with cancer. She is honoured through this award, which was provided by her husband, Adrian. Along with the annual presentation of this award, Adrian pays for the winner and family to visit the theatre. What an incredible gesture! Debbie, we remember you always.

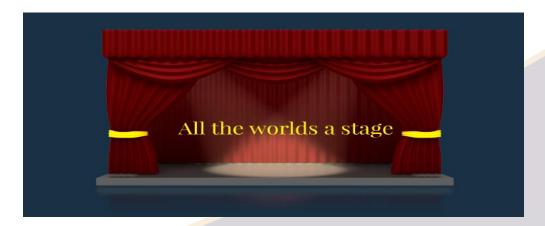
Ash, we are so proud of your achievements! Keep up the excellent work!



# The BEE Award



Our Year 9 pupils took part in the Expressive and Performing Arts BEE Award on 11th and 12th July. This is part of the Art, Dance, Drama and Music Curriculum. They have created work in these subjects over the past couple of months, based on our school's Personal Development Curriculum. Their Artwork was displayed when they performed as a class. Pupils created these class performances with their teachers and were given a certificate for their achievement of Developing, Securing, Mastered, Exceeded or Exceeded plus. It was fantastic to see their final pieces of work and their sense of achievement on the day of their performance. Well done Year 9!



This show took place at upper site on Thursday 6<sup>th</sup> July. There was a mixture of Year 7-11 pupils involved and their performance work was diverse, inclusive and extremely entertaining. The variety in the show was fantastic, including extracts from Blood Brothers, Two and Grease, music solos (such as singing, drumming, pianists), a singing quartet, BTEC Dance, KS3 Dance club, Drama club... the list goes on. The abundance of pupils' talent is so impressive. Well done to everyone that took part.

#### Insta-fabulous!

The Drama department has a thriving Instagram page where pupils' work, performances, acting advice all kinds of things - are shared to celebrate our subject. Come and join the fun on bwhs\_drama

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#### **TCAT Performs 2023**

On Wednesday 28<sup>th</sup> June, I took a group of Year 8 and 9 pupils to the Parr Hall to perform within the TCAT showcase. This annual event is a collaboration of 12 primary and secondary school from within the Challenge Academy Trust, highlighting the talents of our young people.



Our cast presented a 'mash-up' of scenes from *Blood Brothers* by Willy Russell to the audience of parents and friends. They were professional and focused and a credit to us! Thomas, Xavier, Scarlet, Lilly, Dominic, Roxana, Amy, Alex and Matilda – we are so proud of you!

Mrs Swaffield Head of Drama



Thirteen TCAT Associate Teachers became qualified teachers at the end of June when they were recommended for QTS (Qualified Teacher Status) after successfully completing their TCAT ITT (Initial Teacher Training Course). The Teachers successfully applied for and joined the course in September 2022, and over the year, have completed two placements in TCAT Secondary Schools under the tutelage of their Curriculum and Professional Mentors. These Mentors, in Beamont Collegiate Academy, Bridgewater High School, Penketh High School, Priestley College and Sir Thomas Boteler Church of England High School, have ensured that our new teachers are well trained and prepared for their first teaching jobs. We are pleased to report that seven of our cohort have chosen to remain within TCAT and start their careers in TCAT schools including three at Bridgewater High School.

All of our new teachers have been trained by experienced TCAT teachers who have been in the classrooms with our students, guiding and supporting them to becoming excellent classroom practitioners. They have all done an excellent job in preparing the next generation of teachers and thank you to everyone involved.

All our class of 2023, have worked extremely hard to qualify as teachers in the classroom, at the same time completing their PGCert assignments for their Masters level qualification. They have contributed to the full life of each of their placement schools supporting (amongst many other things) after school clubs, school residentials, sports events and school trips out of the classroom.

We would like to congratulate our new teachers and wish them all the best for their teaching career. We will miss you!

Jill Moules - School Lead



#### YEAR 11 PROM

Year 11 enjoyed their well-earned and highly-anticipated Prom at Chester Race Course on Thursday 29th June. It was attended by 290 students, all of whom had a fabulous time! Thank you to Miss Howard, Head of Year 11, for organising this great event. Here's a selection of photos from the occasion. We're sure you'll agree that our young people all look splendid!





















BRIDGEWATER NEWSLETTER











# Cheshire Schools' Book Award



On the 23rd May we went to the Cheshire Schools' Book Award. As we were waiting for the last few people in our school reception, we were excited for the trip, as you could meet authors in real life and ask them questions and take selfies with them. In the mini-bus we talked to our friends and listened to music.

As we went through the school carpark where the Award was held, I stared, amazed, at the school. It was a giant block of windows with colourful shapes on it. It was so big! A lot of schools were already there. As we entered the hall, we were greeted by the ladies on the book sale stand. We walked up the stairs in amazement, as we were watching long queues of excited students who were trying to get a autograph from the authors.

There was a long queue for food too. After all the people in the room had their books signed, the authors began to speak. First up was Lisa Thomson, author of the *The Goldfish boy*, *The Light Jar*, and many more books. She was talking about her nominated book *The Rollercoaster Boy*. She said that she actually hates rollercoasters and that they make her feel sick. She told us a few good writing tips, which was really fascinating if you want to be a writer some day (like me). Next was Kate S. Martin with her book *Are you ok*, *Elliot Hart?* She told us about mental health and how that book was so important for her.

She nearly became emotional when starting to talk about her mum's mental health problems. She also told us about bullies and bullying. She said that she was often teased in school for taking care of her mum.

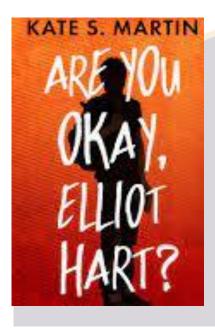
Simon James Green told us how his perfect summer went incredibly wrong. How, at a party, when the boy who he liked him kissed him, he told him that he was not gay. He also said that when he was in school, there were no books, fictional characters or celebrities who were openly and proudly gay. Because of a law called section 28, teachers in schools were forbidden to talk about the LGBTQ+ community in any way. His writing is very funny, so even when he writes about serious issues such as homophobia, he tries to putting it in a light-hearted way.

Next up was Cynthia Murphy on she how wrote the enchanting murder and mysteries book *Win, Lose, Kill, Die.* She said that she needed to get rid of the parents so she set her first novel in a boarding school. How she has made a so intricating mystery novel is impossible to explain, but she said that what helps her making a good book is planning and to knowing how the end is going to be before starting to think about the middle part.

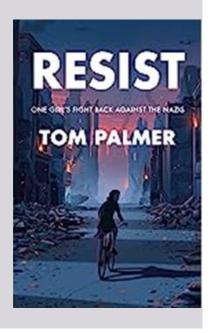
The last author was Tom Palmer, presenting us his book *Resist* and his incredibly cute dog who was here with him. The novel *Resist* is inspired by the childhood of Audrey Hepburn, the Hollywood star who rebelled against the Nazis occupation in The Netherlands. He writes a lot of novels about wars because people should know about history mistakes to not repeat them again.

After a big round of applause, the questions began. There were all kinds of questions ranging from writing tips to questions about Tom's dog. After we all had another round of food, we sat back down ready to receive the certificates for the schools. After that, Tom Palmer received a prize for being the most chosen author. While he was going back to his table, his dog was jumping on his legs to congratulate him. The was a silent moment and then a huge flower bouquet was taken in as the librarian who was the "boss" of the Cheshire Book Quiz was going to retire this year. After a group photo we went back to the bus, happy for the experience and gladly started to read our signed books. As we went in our parents' cars, we all had big smiles on our faces.

## Written by Gaia, Y7







# **AWARDS EVENING 2023**

Bridgewater's annual Awards Evening took place on Thursday 13<sup>th</sup> July. The hall was transformed to reflect the status of the event as parents, carers, staff and governors gathered to celebrate the success of 121 students across key stages 3 & 4. Guests were welcomed by members of Bridgewater's new Student Leadership Team.

The evening opened with a welcome from Principal Keiron Powell. The guest speaker was Stuart Barrow, England Women's Rugby League Head Coach who gave an inspirational and aspirational speech. Stuart focused on the importance of resilience and perseverance not only within elite sport but in all walks of life.

Awardees were nominated by faculty and pastoral staff for their achievements both in and outside the classroom. Recipients of awards received a certificate and gift voucher with special award winners receiving a trophy. End of key stage awards recognised outstanding attendance, resilience and contribution to wider school life. The final awards, the 'River Reeves Award' and 'Debbie Luty Award' were won by Harrison Phillips and Ash Smith respectively.

Music throughout the evening and during the musical interlude was provided by student musicians with pianists and vocalists involved.

Governor Amalia Gittins brought the evening to a close with a reflection on the achievements of all the award winners and gave special thanks to parents and carers and Bridgewater staff for their support of all the students.





# **SPORTS NEWS**

## **Bridgewater Sport Agency**

This year Bridgewater PE developed Sport Agency through inviting students to be a part of Bridgewater leadership.

Olivia, Annabel, Sophie, Isobel, Freya, Isabella, Georgia, Charlotte, Oliver, Ed, Fionn, Bess, Tilly, Milijana, Tilly Perry, Florence, Faith, Halle, Emma, Isabel, Ollie, Tyler, Fionn, Euan, Toby, James, Fraser, Euan, Seb and Erin.

### Event 1

# Y5/6 WASSP Quad Kids Leaders

Our Bridgewater students teamed up with WASSP (Warrington School Sport Partnership) and hosted the Y5/6 Quad Kids Event at Victoria Park. This was the first leadership event after the training was provided by WASSP. Leaders were a credit to school, and we had local schools' feedback about how great our young leaders were.

Charlotte, James, Fraser, Euan, Oliver, Ed, Fionn, Tillie, Milijana, Tilly, Florence, Seb and Bess









#### Event 2

#### Y7 WASSP Quad Kids Leaders

Our Bridgewater leaders were invited back to be a part of the Warrington WASSP (Warrington School Sport Partnership) event for Year 7 Quad Kids event. This is with local secondary schools in attendance and with some of our own Bridgewater Y7 students competing on the day. Penny Moorfield the School Games Organiser was particularly impressed with our Bridgewater young leaders and hopes to partner with us for future local events next year as we hope to expand our Sport Agency.

Erin, James, Fraser, Euan, Charlotte, Oliver, Ed, Fionn, Tillie, Milijana, Tilly, Florence, Seb and Bess.





Event 3
Road To Paris Primary Olympics WASSP Leaders

Olivia, Annabel, Sophie, Isobel, Freya, Isabella, Georgia, James, Fraser, Euan, Oliver, Ed, Fionn, Tillie, Milijana, Tilly, Seb and Oliver.

Penny Moorfield School Games Organiser WASSP (Warrington School Sport Partnership) Feedback on our young leaders from Road to Paris Event.

Thank You!

What a truly remarkable day yesterday over 1100 Primary KS2 pupils and 125 Secondary Sports Leaders creating a celebration of the arrival of the Olympic Games in Paris next year.

Your students were all attired in their distinguishing school PE Kit and worked tirelessly from the start to the end of the day ensuring that the day itself was a huge success. Many Primary school staff, support staff, parents and invited VIPs commented on their work and how knowledgeable they were in their selected sporting event. They all connected really well with the young participants as well as their event organizer.

Your students were true ambassadors for their school yesterday and were an asset to themselves, their families, and their school.

May I take this opportunity to thank you once again for allowing your students and staff to be involved with this initiative and making last Thursday the huge success that it was, and I look forward to working with your school and students in the future.

## Penny Moorfield School Games Organiser, WASSP

Our Bridgewater Sport Agency have definitely set the bar high when it comes to representing school at local leadership opportunities in the future.

To see our Bridgewater students take on this newly found role and work in collaboration and with pride of the school badge is very humbling to see as a PE Teacher. It has been great to invite our young leaders to be a part of Bridgewater Sport Agency this year at all the fantastic events to date. We look forward to expanding Sport Agency within the new School academic term and look forward to future opportunities.

# Events to date;

- Y5/6 WASSP Quad Kids
- Y7 WASSP Quad Kids
- Road To Paris Primary Olympics WASSP
- SEN Transition Day
- Primary Transition Day
- Y8 Leaders for Y7 Sports Day Throwing Events
- Y10 Leaders for Y8 Sports Day Throwing Events

# Miss Aspinall



#### **SEN Transition and Primary Transition Days**

Tilly, Tilly, Milijana, Faith, Halle, Emma, Georgia, Isabel, Oliver, Ollie, Tyler, Fionn, Euan and Toby.

Our Bridgewater leaders led out on SEN Olympics PE session and Rounders and Toukball to the year 6 students during their day at Bridgewater. Mrs Morrison provided feedback on our Leaders and said they was fantastic at the SEN event and Mrs Howard also given credit for the leaders on Rounders and Toukball. With one last leadership opportunity to go, we have invited these leaders to be a part of assisting the PE staff during the Year 7 Throwing Events during Sports Day.

#### BARCLAYS GAME ON GO LEAD

Girls Football Leadership Training.

Year 10

Caitlin, Emily, Liana, Olivia, Lizzie, Matilda, Imogen and Izabela

Year 9

Rosie, Libby, Zoe, Kimberley, Imogen and Maisie

The final whistle closed this year's Barclays Girls' Football School Partnership Training in May Barclays Game On-Go Lead Initiative to increase number of Girls leadership opportunities through Football. Barclays Game On part of England Football - GO Lead provides training to girls in Key Stage 3 to design, create and deliver football opportunities for their peers. The FA and Barclays, supported by Youth Sport Trust has an ambition to ensure every girl has equal access to football in school by 2024.

Miss Aspinall Trained Year 9 and Year 10 Girls Football players to become Girls Football Leaders over the past year and have sent in their final submission piece to Barclays and awaiting certification as Barclays Game On Go Lead Leaders for Girls Football. They will be utilised in the next school term within our Girls Football Programme and delivery of Bridgewater and Warrington Events within Secondary and Primary. Miss Aspinall has really enjoyed leading out on the delivery of this Barclays programme within its first year and looks to continue with a new set of leaders in the new programme. Big congratulations to the leaders they have been an absolute credit and oozed with football passion throughout the programme and developed their leadership skills .

Miss Aspinall.















## Cheshire Girls U14 and U16 trialists Girls Football

This year Bridgewater selected x3 Y7 players for (U14) and X4 (U16) to trial for this Year's Cheshire teams. The following was put forward for trials- Mathilde, Lucy and Evie (U14) and Izabela, Emily, Caitlin and Zoe.

So far Cheshire have selected (U14) and Bridgewater's Mathilde has been successful trialist. After a very competitive selection process only a few Y7's made it to second trial with the majority of the team being Y8 players. We look forward to putting forward more Bridgewater students next season and wish Mathilde the best Football season at Cheshire U14's Girls Football Squad 2023.

We await further information for U16 as they have just had their second trial night. Good luck to those who made 2<sup>nd</sup> trial date and finding out if you have made the squad.

# Miss Aspinall & Miss Howard

#### **Rounders**

Rounders Season was back with a bang this year into our Summer term.

We had our Y7 team, Y8 mixed team and Y9/10 combined. They have had local fixtures against Warrington schools within the WASSP (Warrington School Sport Partnership) League and Y7 and Y8 was Hosted by Bridgewater.

Y7- Won 2 and lost 2.

Y8- Unbeaten season to date with a rematch Vs Sankey A and B team.

Y9/10 - Unbeaten season to date.

# <u>Highlights of the season-</u> Tilly Perry sitting in the rounders box

Faith Atherton getting consistent hits Away fixture @ Beamont and The Bridgewater Reindeer now made Mascot called 'Ronnie'.

Team becoming a Rounders family. Here are a few snapshots of our Rounders Season. We look forward to the next season ahead.

### Miss Aspinall, Mrs McKean & Miss Howard





# Barclays leaders' submission **Mission and vision**

For our Barclays leaders, we chose to do coaching. As part of this course Ms Aspinall organised us to coach the year seven school football team throughout a period of time. Our vision was to help them become more confident players and have fun. For this we planned to set up a world cup themed tournament in honour of the women's world cup. We let each team pick a country and play against each other until there was a winning country. Also, we practised a few skills with the years sevens on the first day, we did some passing skills, working on skill and one v ones. The challenges we faced were getting the year sevens to listen to us, get them out of the changing rooms quickly and starting the tournament. The success we faced was the years sevens having a really good time and enjoying themselves. Along the way we have learnt to become more confident, it has made us more creative, and it has taught us how to coach.



Jenna Downing delivering the Youth Sports Trust Barclays Game On-Go Lead Initiative training for schools to deliver at their schools. Our Football leaders have received feedback on their final submission piece.

#### Jenna Downing

1 x World Champion Inline Skater 10 x British Champion MSc Psychology Award Winning Speaker, Trainer, Mentor, Coach Director @wheels\_extreme

#### REFLECT FEEDBACK

#### Thank You and Well Done!

Thank you so much for your Reflect submission! It's fantastic to read about what your Girls' Football Activators have been doing with their extra-curricular activity.

My name is Jenna Downing and I am a YST tutor. Below is some feedback for you to share with your Girls' Football Activators, I hope that you and your girls find this helpful. This feedback includes what they have done well and recommendations for the future. Please share this with your girls to support their on-going development as Girls' Football Activators and role models in your school.

#### What You Have Done Well:

As Girls' Football Activators you have demonstrated fantastic leadership and hard work in the marketing and delivery of your extra-curricular offer, well done! It is clear to see that you have made a real difference to girls football not just in your school, but also with the younger pupils. Brilliant job!

Thank you for creating your presentation and for highlighting the journey that you have all been on right from the very start when we launched the INSPIRE event, up to now - REFLECT, and celebrating the end of your journey on the Barclays Game ON GO LEAD programme.

It is great that you have been able to lead activities to both primary school girls and secondary school girls to give you different experiences of delivering to different age groups. I'm sure this wasn't easy and you had to adapt your activities but it sounds like the girls at both events really enjoyed themselves and learnt lots of new skills.

Well done for targeting the girls that may not get involved in after school football clubs. I hope your tournament inspired more Year 7s to get involved in football activities in and out of school?

Thank you for sharing your Twitter handle. I'm really pleased that you have been able to showcase your journey online to show the world the fantastic work you have all accomplished.

Finally, it's great to hear that you have all also benefitted from this programme as leaders and developed your own coaching/refereeing experiences.

#### Recommendations For The Future:

Both your events sound like they were successful in their delivery. I would have loved to hear about the challenges you faced as a team and how you overcame these challenges.

I'm sure you created a real energy and momentum after delivering these events. How can you now ensure that you maintain that motivation on the back of these events to encourage these girls to join a football club and keep going?

You mentioned that you gained experience in refereeing and coaching girls' football. If you enjoyed this have you considered any other leadership opportunities in school you could be part of? Maybe you could help train up the next group of Girls Football Activators next year?

Well done for completing the Reflect part of the Barclays Game ON – GO Lead programme for 2022/23. We hope you have thoroughly enjoyed your involvement in the programme, have learned a lot about yourself and your peers, and delivered some fantastic football activities for other girls. Thank you for inspiring the next generation!

# **SCHOOL SPORTS DAY TRIALS**



Thank you to our Y8 & Y10 Sports Leaders who assisted with Y7 Appleton & Stockton & 8 Stockton Sports Day Field Events on 11<sup>th</sup> July 202

# **Rugby League**

2023 has been another successful year for Bridgewater both regionally and nationally. Year 7 have won the Warrington schools 9 aside and 13 aside tournament.

Year 8 have won the Warrington Schools 13 aside tournament and Northwest Tournament as well as reaching the national Champions Schools finals in Newcastle for the second year running.





Year 9 have won the Warrington Schools 9 aside tournament and reached both the Warrington Schools final, where they were just beaten by Great Sankey and the Champions Schools final in Newcastle for the first time.



## **Oarsome Rowing**

The summer term brings about the Youth Rowing regatta held at Warrington Rowing Club. Following months of hard work, our year 8 students were put through their paces over a 300m course on Wednesday 12<sup>th</sup> July. The students were outstanding, working together to achieve success. This performance replicated the hard work and determination they have shown all year long.





#### **Ability Sports Day 2023**

Bridgewater and Boteler designated provision students had an annual ability sports day this term. Students partake in fortnightly adapted PE sessions culminating in an adaptive sports day.



Students took part in activities including relay races, shot put, javelin, cricket, hula hoop, slalom racing and boccia. The students were amazing all afternoon and it was a pleasure to see all the parents/carers at the event watching! A massive thank you must go to the Y8 Sports leaders for helping facilitate the event.

# Academy Sport + 2023 Summer Term



Olivia C, Year 8) – 75m Hurdles. Competed both regionally and nationally this year smashing her own PB!



Olivia S. H. (Year 8) – This year she has excelled in her sport, most recently performing at the Inline figure skating world Championships. She competed in Paris and brought home silver for team GB.

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Max (Year 10) – following on from an excellent first year on the program he has gone on to win golf at the Taekwondo World Championships in sparing.



Eva and Lucy (Year 10) have had an excellent rowing season competing on the national scale together.

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Tilly Year 8) has had an excellent club and representative netball season.



Olivia and Millie (Year 10) have both played excellently well for representative Cheshire teams this year.

BRIDGEWATER NEWSLETTER ISSUE 4 SUMMER 2023



Ruby (Year 10) won first place for her choreography competition and performer of the year at her dance school.



Sebastian, Year 9 Triathlete, has competed all over the United Kingdom during the past 12 months. He has been selected for Triathlon England North West.

The Principal, staff and governors would like to take this opportunity to wish all our students, parents, carers and friends a restful Summer break