**Subject: Food**

**What is the test about?**

* Nutrients- Knowledge of the 5 nutrients, what they do for our bodies and foods they can be found in.
* The 4 Dietary Goals- Eat less fat, eat less sugar, eat less salt and eat more dietary fibre.
* Fairtrade
* Food labelling and traffic lights
* Food miles
* Food sustainability
* Food seasonality

**What do pupils need to revise?**

Knowledge organisers, revision pack

**What format of questioning will be used?**

Section A will be multiple choice questions on previous knowledge

Section B will 2-4 mark questions on more recent knowledge

Section C will test your knowledge with an extended answer. This needs to be written in full sentences using the correct spelling and grammar.