

WEEKLY

MENU

Challenge Lunch Week One



Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Korma with Basmati Rice and Poppadum

Cumberland Pork Sausages with Mash & Caramelised Onion Gravy

Jerk Chicken, Rice & Bean Burrito with Wedges & Sriracha Mayo

Slow Braised Beef Ragu with Garlic Mash & Vegetables

Chip Shop Friday, Fish, Sausages, Saveloys, Fishcakes

Classic Mac & Cheese with Oven Roasted Tomatoes & Parmesan Crumb

Vegetarian Sausages with Mash & Caramelised Onion Gravy

Harissa Cauliflower Steak with Pickled Red Onions & Sour Cream

Potato Gnocchi with Homemade Sun-dried Tomato Pesto

Roasted Pepper Enchilada with Tomato Salsa

One Pot - Thai Style Sweet N Sour Pork Noodles

One Pot - Lebanese Rice with Zaatar Chicken & Salsa

One Pot - Crispy Bacon & Butternut Squash Penne

One Pot - Pulled Chicken & Miso Vegetable Noodles

One Pot - Piri Piri Chicken Wings

Pasta Bar - Rocket Pesto & Tomato Sauce

Pasta Bar - Tomato Sauce & Cheese Sauce

Pasta Station - Tomato Sauce & Beef Bolognaise

Pasta Station- Tomato Sauce & Rocket Basil Pesto

Chipped Potatoes, Beans, Mushy Peas, Gravy & Curry Sauce

Pepperoni Pizza / Veggie Option

French Bread Pizza with Roasted Peppers & Mozzarella

Tomato Basil & Mozzarella Pizza

Spicy Beef & Jalapeno Pizza / Veggie Option

Sausage, Red Onion & Mozzarella Pizza / Veggie Option

Jacket Potatoes, Sweet Potatoes & Various Fillings

Jacket Potatoes & Sweet Potatoes & Various Fillings

Jacket Potatoes, Sweet Potatoes & Various Fillings

Jacket Potatoes, Sweet Potatoes with Various Fillings

Jacket Potatoes, Sweet Potatoes with Various Fillings

Blueberry & Lemon Muffins

Apricot Flapjack

Red Velvet Chocolate Cake

Lemon Drizzle Cake

Chocolate Shortbread

Available daily

Chef's Soup of the Day,
Selection Of Fresh Vegetables.
Boxed Salads & Shaker Salads
Sandwiches, Baguettes & Wraps
Fresh Fruit & Dessert Pots

