

WEEKLY

MENU

Challenge Lunch Week Three



Monday

Tuesday

Wednesday

Thursday

Friday

BBQ Chicken Thighs with Jollof Rice

Pork Meatballs Marinara with Glazed Pasta

Classic Beef Lasagne with Homemade Focaccia & Green Salad

Sri Lankan Style Chicken curry with Pilaf Rice

Chip Shop Friday, Fish, Sausages, Saveloys, Fishcakes

Carrot & Chickpea Falafel with Bulgar wheat salad & Pomegranates

Spanish Style Veggie Meatballs & Patatas Bravas

Spicy Bean Burger with Tomato Salsa & Potato Wedges

Brazilian Style Halloumi & Quorn Rice

Sweet Potato Katsu Style Curry & Rice

One Pot - Hoi Sin Beef & Broccoli Noodles

One Pot - Vegetable & Red Lentil Bolognese Spaghetti

One Pot - Piri Piri Chicken & Dirty Rice

One Pot - Thai Coconut Vegetable Curry & Sticky Rice

One Pot - Spicy Vegetable Noodles

Pasta Bar - Tomato Sauce & Ham & Cheese

Pasta Bar - Tomato Sauce & Roasted Pepper & Chorizo

Pasta Station - Tomato Sauce & Rocket Pesto Sauce

Pasta Station- Tomato Sauce & Chicken & Bacon Sauce

Chipped Potatoes, Beans, Mushy Peas, Gravy & Curry Sauce

Jerk Chicken & Mozzarella Pizza / Veggie Option

French Bread Pizza with Ham & Pineapple / Veggie Option

Carbonara Pizza / Veggie Option

Meatball Marinara Pizza / Veggie Options

Pepperoni & Mozzarella Pizza / Veggie Option

Jacket Potatoes, Sweet Potatoes & Various Fillings

Jacket Potatoes & Sweet Potatoes & Various Fillings

Jacket Potatoes, Sweet Potatoes & Various Fillings

Jacket Potatoes, Sweet Potatoes with Various Fillings

Jacket Potatoes, Sweet Potatoes with Various Fillings

Apple Flapjack

Double Chocolate Cookie

Sticky Ginger Cake

Chocolate Marble Cake

Spiced Banana Cake

Available daily

Chef's Soup of the Day,
Selection Of Fresh Vegetables.
Boxed Salads & Shaker Salads
Sandwiches, Baguettes & Wraps
Fresh Fruit & Dessert Pots