

WEEKLY

# MENU

## Challenge Lunch Week Two



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Roasted Loin of Pork with Roasted New Potatoes & Broccoli

Middle Eastern Turkey Tagine with Mixed Grains

Indonesian Style Chicken Curry with Rice & Poppadum

Korean BBQ Chicken Burger with Kimchi Style Slaw & Wedges

Chip Shop Friday, Fish, Sausages, Saveloys, Fishcakes

Roasted Ratatouille Vegetable Bake

BBQ Pulled Jackfruit Sliders with Potato Wedges & Slaw

Coconut & Red Lentil Dhal with Flat Breads & Poppadum

Bombay Potato Frittata with Crispy Bhaji Onions

Butternut Squash & Spinach Lasagne Green Salad

One Pot - Mexican Green Rice Bowl with Roasted Cauliflower & Salsa

One Pot - Chicken Noodles with Curry Broth

One Pot - Fusilli with Spicy Sausage

One Pot - Chilli Beef & Rice Taco Bowl

One Pot - Vegetable Chow Mein Noodles

Pasta Bar - Tomato Sauce & Beef Ragu

Pasta Bar - Tomato Sauce & Three Cheese Sauce

Pasta Station - Tomato Sauce & Mushroom Stroganoff

Pasta Station- Tomato Sauce & Arrabiata Sauce

Chipped Potatoes, Beans, Mushy Peas, Gravy & Curry Sauce

BBQ Chicken Pizza / Veggie Option

French Bread Pizza with Spicy Beef, Mozzarella & Jalapeno

Chicken Tikka, Mango Chutney & Mozzarella

Spinach, Mushroom & Feta Flat Bread Pizza

Sausage, Red Onion & Mozzarella Pizza / Veggie Option

Jacket Potatoes, Sweet Potatoes & Various Fillings

Jacket Potatoes & Sweet Potatoes & Various Fillings

Jacket Potatoes, Sweet Potatoes & Various Fillings

Jacket Potatoes, Sweet Potatoes with Various Fillings

Jacket Potatoes, Sweet Potatoes with Various Fillings

Chocolate Brownies

Parsnip & Lemon Cakes

Iced Carrot Cake

Jam & Coconut Tray Bake

Raspberry & White Chocolate Muffin

#### Available daily

Chef's Soup of the Day,  
Selection Of Fresh Vegetables.  
Boxed Salads & Shaker Salads  
Sandwiches, Baguettes & Wraps  
Fresh Fruit & Dessert Pots

