



Dear Parents/Carers

During this academic year, Relationships and Sex Education will become statutory in all secondary schools in England. The initial date was set for September 2020 however in light of the current situation, there has been some flexibility with this date, allowing schools to be fully prepared for implementation by the Summer of 2021.

As part of our work to ensure that we are meeting this requirement we would like to give you some information about what exactly we are expected to deliver to our pupils. We would also like to give you as parents and carers an opportunity to feed into this area of education to develop a shared set of values between the school and parents and carers in this area.

### **What is Changing?**

The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up, it will give young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being. All of the sessions will be age-appropriate and meet the needs of all pupils in the class.

### **How will it be delivered?**

RSE at Bridgewater will be taught through the Personal Development Tutorial Curriculum which comprises of:-

- Personal, Social, Health and Economic Education (PSHE)
- Personal Development Tutorial Sessions
- Year group Assemblies
- Personal Development Days.

Biological aspects of RSE are taught within the science curriculum, and other aspects are included in religious education (RE).

Pupils may also receive stand-alone sex education sessions delivered by a trained health professional although it is more likely that these sessions will be incorporated into the Personal Development Tutorial Curriculum.

### **Next Steps**

By law we are required to consult with parents over the content of our policy prior to the governors approving it for implementation. In an ideal world parents would have been invited to a presentation at the school with opportunities for questions and answers. As this is not possible at present we are having to do this process through different means. Therefore to ensure everyone is informed, we would ask you to view the presentation and supporting video (<https://www.youtube.com/watch?v=CWeb7F06v0c&feature=youtu.be>), and review the draft policy and the statutory content of the relationships and sex education programme. Any comments can be sent through to myself and I will respond accordingly. The draft policy also contains information for parents who may wish to withdraw their children from these sessions.

If you would like to find out more, make any comments or provide feedback on this draft policy, please contact myself on [a.roberts@bridgewaterhigh.com](mailto:a.roberts@bridgewaterhigh.com)

Yours sincerely

*Andrew Roberts*

Mr Andrew Roberts

Assistant Headteacher - Personal Development & Enrichment



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