

AWOL Statements

Year 7	Scoring	"ADVANCED" COHORT TARGET	Scoring	"INTERMEDIATE" COHORT TARGET	Scoring	"FOUNDATION" COHORT TARGET
<u>Athletics</u>	<u>18+= E</u> <u>12+=M</u> <u>6+= S</u> <u>3+= D</u>	I can perform an effective individual warm-up. I can perform 3 athletics events obtaining 12 or more points scored. I can demonstrate good technique in at least 3 athletic events. I am able to follow and apply the rules and regulations for at least 3 events.	<u>12+= E</u> <u>10+=M</u> <u>5+= S</u> <u>2+= D</u>	I can warm-up effectively with a partner. I can perform 3 athletics events obtaining 10 or more points scored. I can demonstrate good technique in at least 3 athletic events. I am able to follow and apply the rules and regulations for at least 3 events.	<u>10+= E</u> <u>7+=M</u> <u>4+= S</u> <u>2+= D</u>	I can participate in a group warm up. I can perform 3 athletics events obtaining 7 or more points scored. I can demonstrate good technique in at least 3 athletic events I can perform the basic athletic techniques. I have a basic understanding of athletics rules and regulations.
<u>Health and Fitness</u>	<u>35+= E</u> <u>25+=M</u> <u>10+= S</u> <u>7+= D</u>	Excellent technique is shown in all activities. I can adapt to achieve the intended results, when faced with progressively challenging tasks.	<u>25+= E</u> <u>20+=M</u> <u>10+= S</u> <u>7+= D</u>	Good technique is shown in most activities. I can usually adapt to achieve the intended results, when faced with progressively challenging tasks.	<u>15+= E</u> <u>10+=M</u> <u>7+= S</u> <u>5+= D</u>	Some technique is shown in some activities. I can sometimes adapt to achieve the intended results, when faced with progressively challenging tasks.
<u>Invasion Games</u> (Rugby Football Basketball Netball Handball Astro Games Indoor Games Multi-skills)	<u>35+= E</u> <u>25+=M</u> <u>10+= S</u> <u>7+= D</u>	I can produce the intended skill/techniques most of the time with a high level of accuracy; both in isolation and in a competitive game situation. I understand and can apply the rules and regulations within a game situation.	<u>25+= E</u> <u>20+=M</u> <u>10+= S</u> <u>7+= D</u>	I can frequently produce the intended techniques with a reasonable level of accuracy both in isolation and in a condition game. I understand and can sometimes apply the rules and regulations within a game situation.	<u>15+= E</u> <u>10+=M</u> <u>7+= S</u> <u>5+= D</u>	I can perform basic techniques in isolation with some level of accuracy. I can occasionally select and apply techniques in a modified game situation. I have a basic understanding of the rules and regulations in a modified game.

AWOL Statements

<p><u>Striking and Fielding</u> (Cricket Tennis Table-Tennis Rounders/Softball)</p>	<p><u>30+= E</u> <u>20+=M</u> <u>10+= S</u> <u>7+= D</u></p>	<p>I can produce the intended skill/techniques most of the time with a high level of accuracy; both in isolation and in a competitive game situation. The quality of technique is maintained for all skills but may start to deteriorate in the most challenging practices. When faced with opposition, decision making is usually effective. I understand and can apply the rules and regulations within a game situation.</p>	<p><u>20+= E</u> <u>15+=M</u> <u>10+= S</u> <u>7+= D</u></p>	<p>I can frequently produce the intended techniques with a reasonable level of accuracy both in isolation and in a condition game. The quality of technique is maintained for most skills but may deteriorate in the most challenging practices. When faced with opposition, decision making is only occasionally effective. I understand and can sometimes apply the rules and regulations within a game situation.</p>	<p><u>15+= E</u> <u>10+=M</u> <u>7+= S</u> <u>5+= D</u></p>	<p>I can produce the intended skill/techniques most of the time with a high level of accuracy; both in isolation and in a competitive game situation. The quality of technique is maintained for all skills but may start to deteriorate in the most challenging practices. When faced with opposition, decision making is usually effective. I understand and can apply the rules and regulations within a game situation.</p>
--	--	---	--	--	---	---

AWOL Statements

Year 8	Scoring	"ADVANCED" COHORT TARGET	Scoring	"INTERMEDIATE" COHORT TARGET	Scoring	"FOUNDATION" COHORT TARGET
<u>Athletics</u>	<u>18+= E</u> <u>12+=M</u> <u>6+= S</u> <u>3+= D</u>	I can perform an effective individual warm-up. I can perform 3 athletics events obtaining 18 or more points scored. I can demonstrate good technique in at least 3 athletic events. I am able to follow and apply the rules and regulations for at least 3 events.	<u>12+= E</u> <u>10+=M</u> <u>5+= S</u> <u>2+= D</u>	I can warm-up effectively with a partner. I can perform 3 athletics events obtaining 10 or more points scored. I can demonstrate good technique in at least 3 athletic events. I am able to follow and apply the rules and regulations for at least 3 events.	<u>10+= E</u> <u>7+=M</u> <u>4+= S</u> <u>2+= D</u>	I can participate in a group warm up. I can perform 3 athletics events obtaining 7 or more points scored. I can demonstrate good technique in at least 3 athletic events I can perform the basic athletic techniques. I have a basic understanding of athletics rules and regulations.
<u>Health and Fitness</u>	<u>30+= E</u> <u>20+=M</u> <u>10+= S</u> <u>7+= D</u>	Excellent technique is shown in all activities. I can adapt to achieve the intended results, when faced with progressively challenging tasks.	<u>20+= E</u> <u>15+=M</u> <u>10+= S</u> <u>7+= D</u>	Good technique is shown in most activities. I can usually adapt to achieve the intended results, when faced with progressively challenging tasks.	<u>15+= E</u> <u>10+=M</u> <u>7+= S</u> <u>5+= D</u>	Some technique is shown in some activities. I can sometimes adapt to achieve the intended results, when faced with progressively challenging tasks.
<u>Invasion Games</u> (Rugby Football Basketball Netball Handball Astro Games Indoor Games Multi-skills)	<u>30+= E</u> <u>20+=M</u> <u>10+= S</u> <u>7+= D</u>	I can produce the intended skill/techniques most of the time with a high level of accuracy; both in isolation and in a competitive game situation. I understand and can apply the rules and regulations within a game situation.	<u>20+= E</u> <u>15+=M</u> <u>10+= S</u> <u>7+= D</u>	I can frequently produce the intended techniques with a reasonable level of accuracy both in isolation and in a condition game. I understand and can sometimes apply the rules and regulations within a game situation.	<u>15+= E</u> <u>10+=M</u> <u>7+= S</u> <u>5+= D</u>	I can perform basic techniques in isolation with some level of accuracy. I can occasionally select and apply techniques in a modified game situation. I have a basic understanding of the rules and regulations in a modified game.
<u>Striking and Fielding</u>	<u>30+= E</u>	I can produce the intended skill/techniques most of the	<u>20+= E</u>	I can frequently produce the intended techniques with a	<u>15+= E</u>	I am able to perform a basic range of techniques within isolation, occasionally

AWOL Statements

(Cricket Tennis Table-Tennis Rounders/Softball)	<u>20+=M</u> <u>10+= S</u> <u>7+= D</u>	time with a high level of accuracy; both in isolation and in a competitive game situation. The quality of technique is maintained for all skills but may start to deteriorate in the most challenging practices. When faced with opposition, decision making is usually effective. I understand and can apply the rules and regulations within a game situation.	<u>15+=M</u> <u>10+= S</u> <u>7+= D</u>	reasonable level of accuracy both in isolation and in a condition game. The quality of technique is maintained for most skills but may deteriorate in the most challenging practices. When faced with opposition, decision making is only occasionally effective. I understand and can sometimes apply the rules and regulations within a game situation.	<u>10+=M</u> <u>7+= S</u> <u>5+= D</u>	producing intended results but with some level of accuracy. The quality of technique is maintained for some techniques but sometimes deteriorates within a modified game. I have a basic understanding of the rules and regulations in a modified game.
--	---	--	---	---	--	---

AWOL Statements

Year 9	Scoring	"ADVANCED" COHORT TARGET	Scoring	"INTERMEDIATE" COHORT TARGET	Scoring	"FOUNDATION" COHORT TARGET
<u>Athletics</u>	<u>18+= E</u> <u>12+=M</u> <u>6+= S</u> <u>3+= D</u>	I can perform an effective individual warm-up. I can perform 3 athletics events obtaining 18 or more points scored. I can demonstrate good technique in at least 3 athletic events. I am able to follow and apply the rules and regulations for at least 3 events.	<u>12+= E</u> <u>10+=M</u> <u>5+= S</u> <u>2+= D</u>	I can warm-up effectively with a partner. I can perform 3 athletics events obtaining 10 or more points scored. I can demonstrate good technique in at least 3 athletic events. I am able to follow and apply the rules and regulations for at least 3 events.	<u>10+= E</u> <u>7+=M</u> <u>4+= S</u> <u>2+= D</u>	. I can participate in a group warm up. I can perform 3 athletics events obtaining 7 or more points scored. I can demonstrate good technique in at least 3 athletic events I can perform the basic athletic techniques. I have a basic understanding of athletics rules and regulations.
<u>Health and Fitness</u>	<u>30+= E</u> <u>20+=M</u> <u>10+= S</u> <u>7+= D</u>	Excellent technique is shown in all activities. I can adapt to achieve the intended results, when faced with progressively challenging tasks.	<u>20+= E</u> <u>15+=M</u> <u>10+= S</u> <u>7+= D</u>	Good technique is shown in most activities. I can usually adapt to achieve the intended results, when faced with progressively challenging tasks.	<u>15+= E</u> <u>10+=M</u> <u>7+= S</u> <u>5+= D</u>	Some technique is shown in some activities. I can sometimes adapt to achieve the intended results, when faced with progressively challenging tasks.
<u>Invasion Games</u> (Rugby Football Basketball Netball Handball Astro Games Indoor Games Multi-skills)	<u>30+= E</u> <u>20+=M</u> <u>10+= S</u> <u>7+= D</u>	I can warm up effectively according to the sport I am doing. I can consistently perform three types of passes with accuracy and control. I can consistently demonstrate accurate technique in at least three invasion games and can outwit opponents consistently. I can	<u>20+= E</u> <u>15+=M</u> <u>10+= S</u> <u>7+= D</u>	I can warm up effectively according to the activity I am participating in. I can perform at least 3 types of passes to a good level and can use these to successfully outwit opponents in a game. I am able to perform and apply the rules and regulations for at least three invasion games	<u>15+= E</u> <u>10+=M</u> <u>7+= S</u> <u>5+= D</u>	I can perform an effective individual warm up. I can perform at least two types of passes to a good standard and can use these to outwit opponents during some aspects of the game. I am able to follow and apply the rules and regulations for at least 3 invasion games

AWOL Statements

		consistently perform and apply the rules and regulations for at least three invasion games.				
<u>Striking and Fielding</u> (Cricket Tennis Table-Tennis Rounders/Softball)	<u>30+= E</u> <u>20+=M</u> <u>10+= S</u> <u>7+= D</u>	I can produce the intended skill/techniques most of the time with a high level of accuracy; both in isolation and in a competitive game situation. The quality of technique is maintained for all skills but may start to deteriorate in the most challenging practices. When faced with opposition, decision making is usually effective. I understand and can apply the rules and regulations within a game situation.	<u>20+= E</u> <u>15+=M</u> <u>10+= S</u> <u>7+= D</u>	I can frequently produce the intended techniques with a reasonable level of accuracy both in isolation and in a condition game. The quality of technique is maintained for most skills but may deteriorate in the most challenging practices. When faced with opposition, decision making is only occasionally effective. I understand and can sometimes apply the rules and regulations within a game situation.	<u>15+= E</u> <u>10+=M</u> <u>7+= S</u> <u>5+= D</u>	I am able to perform a basic range of techniques within isolation, occasionally producing intended results but with some level of accuracy. The quality of technique is maintained for some techniques but sometimes deteriorates within a modified game. I have a basic understanding of the rules and regulations in a modified game.