



BRIDGEWATER
HIGH SCHOOL

**YEAR 7 BITESIZE TASK
REVISION PLAN**

Year 7 Spring Assessments

Assessment

In each academic subject, students will complete an Assessment which will be staggered throughout the Spring Term and take place in normal classrooms. Please see the timetable below.

Questions set will be based on the material they have been taught this year at Bridgewater High school. Students will sit their subject assessments in classrooms during a timetabled slot.

Assessments offer students and staff the opportunity to assess how well taught material has been embedded in the long- term memory. Knowledge and understanding from prior learning can enable future learning to be built upon at greater depth. Identifying weaker areas of remembered content aids our staff in building retrieval activities in their forthcoming curriculum.

Students and parents will receive feedback after the assessments have been marked by our staff. You will receive a full report by email in the week commencing 30th March. The report will contain the Assessment Mark as well as an indicator of effort, progress and any concerns.

This information pack provides independent revision activities for each academic subject. We strongly encourage your child to make use of this information.

Subject	Timetable
Year 7	Assessments for each subject will take place during a two -week Assessment Window to ensure all pupils can take their assessment. Teachers will confirm the exact date of each Assessment with pupils and post this on Satchel 1.
Science	19 th -23 rd January
Maths	2 nd -7 th February
IT	9 th -27 th February
French	2 nd -13 th February
Dance	2 nd -13 th February
Drama	2 nd -13 th February
Maths	2 nd - 6 th February
History	9 th -27 th February
Geography	9 th -27 th February
Design & Technology	9 th -27 th February
English	9 th -13 th February
Food & Nutrition	23 rd February – 6 th March
PE	2 nd -13 th March
Music	2 nd -13 th March
Religious Studies	2 nd -13 th March
Art & Design	9 th -20 th March

Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
Dance: Alphabet of Movement	45 minutes	Practical assessment in small groups. You will be demonstrating your choreographic knowledge of EFGSTT =, your development and knowledge of the technique of these movements and your growing movement vocabulary.

	Learning Focus	Activity/Resource
	Confident demonstration of EFGSTT	Come prepared with ideas for each movement. You will receive an alphabet sheet with ideas and we will be asking you to create your own movements to match the letters.
	Wide variety of movements	Use of YouTube to watch and appreciate different dances/ dance styles. Use any dance videos to get ideas of different movements that you could use with your group.
	Developing movement memory, accuracy, timing and confidence	Use of independent rehearsal Responding to feedback in lessons Use of systematic repetition as a rehearsal strategy at home Create 2 different systems, e.g. Memory, timing Rehearse it multiple times alternating between focusing on each system
	Developing creativity in your choreography: Use of Levels / Canon / Transitions / Directions / Formations / Dynamics/ Pathways	Use of Knowledge organiser Prior knowledge Independent planning prior to lessons Responding to feedback in lessons Planning prior to lessons and independent research

Videos to watch/ appreciate and take ideas from:

<https://www.youtube.com/watch?v=SNCQsu5uXbo>

<https://www.youtube.com/watch?v=09yJUYDrBzq&t=20s>

<https://www.youtube.com/watch?v=REPPgPcw4hk>

Music: Your dance teacher will publish your class's music on Satchel one.

Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
Drama	1-hour practical lesson	Pantomime

Task	Learning Focus	Activity/Resource
1	To understand the genre of Pantomime and how it is presented to an audience.	What is a pantomime? Iain Lauchlan explains all
2	To be able to work collaboratively with others to create scenes for a Pantomime.	Bing Videos - Collaborating creatively
3	To use voice and movement to effectively portray my role on stage.	Bing Videos - Actor tips for Pantomime style

KEY INDEPENDENT ONLINE RESOURCES

Any further research you can do to help you creatively present your role to the audience, the better. Watch the following 'Cinderella' link and see how the professionals portray your role for the audience. How is comedy created? How is music used to engage the audience? Can you use any tips?

[Bing Videos](#)

- CBeebies 'Cinderella' pantomime

Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
Art & Design	40 minutes	Creating a drawing focusing on the following Formal Elements - Line, Tone, Texture, shape and Form.

Task	Learning Focus	Activity/Resource
1	To embed the Formal Elements of Art.	Revise each of the seven Formal Elements of Art.
2	Drawing skills; focusing on line, shape tone, texture and form	Practise your observational drawing skills by creating a drawing of a natural form, for example an apple, half a red onion etc. Add texture and tone to your drawing.
3	Practice creating different textures using mark making.	Practise looking at different surfaces and recreating them using mark making for example; the skin of an orange, the surface of a leaf etc.

KEY INDEPENDENT ONLINE RESOURCES

[Oservational drawing- BBC Bitesize](#)

Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
<h2>Music</h2>	30-45 minutes	<h2>Theory</h2>

Task	Learning Focus	Activity/Resource
1	<p>Listening Quiz</p> <ul style="list-style-type: none"> • DYNAMICS <ul style="list-style-type: none"> ○ Forte ○ Piano ○ Crescendo ○ Diminuendo • RHYTHM <ul style="list-style-type: none"> ○ Duration ○ Semibreve-Semiquaver ○ Their length/symbol ○ Tied notes ○ Dotted notes ○ Time signatures • MELODY <ul style="list-style-type: none"> ○ Treble Clef ○ Ledger lines ○ Movement <ul style="list-style-type: none"> ▪ Conjun ct ▪ Disjunc t ○ Contour <ul style="list-style-type: none"> ▪ Ascend ing ▪ Descen ding ▪ Static ○ Intervals <ul style="list-style-type: none"> ▪ Unison ▪ 2nd-7th ▪ Octave • TEXTURE <ul style="list-style-type: none"> ○ Monophonic ○ Homophonic ○ Poyphonic <ul style="list-style-type: none"> ▪ 	<p style="text-align: center;">-</p> <p>TEACHING GADGET</p> <p>Username: bridgewaterhigh Password: music</p> <ol style="list-style-type: none"> 1. Rhythm Duration Quiz - https://teachinggadget.com/instruments/general-musicianship/rhythm-menu-general-musicianship/rhythm-duration-quiz-2/ 2. Rhythm Names - https://teachinggadget.com/20-questions/20-questions-rhythm-names/ 3. Rhythms Listening (Level 1) - https://teachinggadget.com/20-questions/20-questions-rhythms-listening-1/ 4. Rhythms Listening (Level 2) - https://teachinggadget.com/20-questions/20-questions-rhythms-listening/ 5. Dotted Notes - https://teachinggadget.com/instruments/general-musicianship/rhythm-menu-general-musicianship/dotted-notes-quiz/ 6. Treble Clef - https://teachinggadget.com/20-questions/20-questions-treble-clef/ 7. Treble Clef – including sharps and flats - https://teachinggadget.com/20-questions/20-questions-treble-clef-level-2/ 8. Identifying Notes - https://teachinggadget.com/20-questions/20-questions-c-g-melody/

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	-	<p>9. Melody Identification – click the part of the melody that you hear - https://teachinggadget.com/20-questions/20-questions-melodic-identifier-level-1/</p> <p>10. Intervals – Ignore the MAJOR/MINOR/PERFECT and just focus on the UNISON, OCTAVE, 2nd, 3rd, 4th, 5th, 6th and 7th - https://teachinggadget.com/instruments/general-musicianship/pitch-general-musicianship/interval-identifier-level-1/</p> <p>11. Treble Clef Leger lines – below the staff - https://teachinggadget.com/instruments/general-musicianship/pitch-general-musicianship/low-ledger-lines-treble-clef-level-1/</p> <p>12. Treble Clef Leger lines – above the staff - https://teachinggadget.com/instruments/general-musicianship/pitch-general-musicianship/high-ledger-lines-treble-clef-level-1/</p> <p>7.</p>
OPTION 2 – Ukulele and Singing		

KEY INDEPENDENT ONLINE RESOURCES

Teaching Gadget

Username: bridgewaterhigh

Password: music

REVISION DOCUMENT SHARED ON SACHEL ONE

Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
French These are suggested tasks to help revision – work out which ones you need to do to target gaps in your knowledge	40 minutes	Topic: Self and Family Questions are on everything that has been covered in year 7 so far this term. The paper is made up of: 12 match up questions – 12 marks 14 mark listening for errors and correcting 3 translation sentences into English from French 2 translation sentences into French from English

Task	Learning Focus	Activity/Resource
1	Introducing yourself and others	Create flashcards of new vocabulary and self/peer test Record new vocabulary into a phone (use annotations) and then play back and write the spelling Use Linguagenut
2	Numbers to 31	Practise counting up in French – try different steps (count up in 2s, 3s, 5s etc) Use Linguagenut
3	Months	Create flashcards of new vocabulary and self/peer test Record new vocabulary into a phone (use annotations) and then play back and write the spelling Use Linguagenut
4	Giving ages with "avoir"	Practise giving your age and then the ages of members of your family out loud and written down – check you have the right verb Use Linguagenut
5	Practice translation	Cover translation challenges with paper – redo from memory

KEY INDEPENDENT ONLINE RESOURCES

www.languagenut.com Use your login and go over the tasks on this topic area

Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
Geography	30 minutes	Questions on Year 7 Weather and Climate topic

Task	Learning Focus	Activity/Resource
1	Weather and Climate To know the difference between weather and climate.	Produce a flashcard to give the definitions of weather and climate: Weather - KS3 Geography - BBC Bitesize
2	Microclimate To know the factors affecting microclimate.	Draw a diagram to show the factors that affect the microclimate around the school using the notes in your book: Micro climates - Weather and Climate for Key Stage 3. (weebly.com)
3	How is the weather recorded? To know how the weather is measured.	Look at the section on measuring the weather then cover and write down what you can remember: Weather - KS3 Geography - BBC Bitesize
4	Three Types of rainfall To know the 3 types of rainfall.	Produce annotated diagrams to show the 3 types of rainfall: Different types of rainfall in the UK - Is weather in the UK becoming more extreme? - AQA - GCSE Geography Revision - AQA - BBC Bitesize
5	Britain's Climate To know the factors affecting the UK climate.	List the factors affecting the UK climate: Factors effecting the unique climate of the UK - How can weather be hazardous? - OCR - GCSE Geography Revision - OCR - BBC Bitesize
6	High Pressure To know the features of an anticyclone.	Produce an annotated diagram to show the features of an anticyclone: High pressure and anticyclones - Weather in the UK - 3rd level Geography Revision - BBC Bitesize
7	Low Pressure To know the features of a depression.	Produce an annotated diagram to show the features of a depression: Low pressure and depressions - Weather in the UK - 3rd level Geography Revision - BBC Bitesize
8	UK weather forecasts To know what a weather forecast is like.	Watch today's weather forecast and list some key terms used: BBC Weather - Home
9	Check understanding	Complete the quizzes on weather: Weather - KS3 Geography - BBC Bitesize
10	Summary	Produce a flashcard to give the definitions of weather and climate: Weather - KS3 Geography - BBC Bitesize

KEY INDEPENDENT ONLINE RESOURCES

BBC bitesize: [KS3 Geography - BBC Bitesize](#)

GCSE pod KS3 Geography: [GCSEPod](#)

BHS VLE Geography (Username: **pupil** Password: **appleton**): [Geography Year 7 \(bridgewaterhigh.com\)](#)

Quizzes: [Key Stage 3 Geography | KS3 Revision | Education Quizzes](#)

Seneca revision information: [Geography: KS3 \(senecalearning.com\)](#)

Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
History	40 minutes	Section A: Multiple choice quiz Section B: Knowledge retrieval Section C: Historical interpretation

Task	Learning Focus	Activity/Resource
1	To recap previous learning on how beliefs have shaped history.	<p>Look, cover, write check the 5 bullet points below to revise previous knowledge of beliefs.</p> <ul style="list-style-type: none"> • Christianity is the religion based on Jesus Christ, his teachings and beliefs. • The head of the Catholic Church is the Pope. • Monks lived in monasteries; they devoted their lives to God. They also housed travellers, nursed the sick and helped the poor. • A relic is an object of religious importance. • The Church changed during the Norman conquest as William built stone churches and he appointed Norman bishops.
2	To recall key knowledge of the Crusades	Create a mind map of the Crusades (what were they and any consequences/outcomes). You can use your book and revision guide to help you.
3	To understand why people went on the Crusades.	Using dual coding revise the key reasons why people went on the Crusades. e.g for access to Jerusalem, the pope ordered them to go, promised forgiveness, adventure etc. (see revision guide for more info).
4	What were the crusades?	<p>What were the Crusades? - The Crusades - KS3 History - BBC Bitesize</p> <p>Read the information online and then attempt the quiz at the end.</p>
5	What were the consequences of the crusades?	<p>What were the consequences of the Crusades? - KS3 History - BBC Bitesize</p> <p>Read the information online and then attempt the quiz at the end.</p>

KEY INDEPENDENT ONLINE RESOURCES

- Please see attached revision guide on SMHW.
- <https://www.bbc.co.uk/bitesize/topics/zgs2qfr/articles/zmbmp9q#zwr2p9q>
- <https://www.johndclare.net/KS3/1-3-6.htm>
- <https://kids.britannica.com/kids/article/Crusades/353022>

Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
Religious Education	40 minutes	Judaism assessment = 25 marks Questions are on everything that has been covered in this unit. Each paper is made up of: 5 multi choice questions = 5 marks 5 key words and definitions = 5 marks Extended writing = 15 marks

Task	Learning Focus	Activity/Resource
1	Learn all the key words on your knowledge organiser	Create flashcards for all the key terms on your knowledge organiser. Follow the Leitner technique to learn all the key words and definitions
2	Test yourself on how well you have learned the key words	<ul style="list-style-type: none"> Complete the SMHW quiz on key terms for this unit. Have a go at creating your own key word quiz to test your friends!
3	Explain Why Abraham and Moses are so important in Judaism.	<ul style="list-style-type: none"> Use the notes in your book to create a mind map about Abraham Using your mind map, write a short explanation of the importance of Abraham in Judaism Use the notes in your book to create a mind map about Moses Using your mind map, write a short explanation of the importance of Moses in Judaism

KEY INDEPENDENT ONLINE RESOURCES

<https://www.bbc.co.uk/bitesize/topics/z2863qt/articles/zw3vcxs#zpwd239>

<https://www.bbc.co.uk/bitesize/topics/z2863qt/articles/zsk7h4j>

Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
Computing & IT	40 minutes	Section A: Knowledge retrieval Section B: Application of skills Section C: Explain question

Task	Learning Focus	Activity/Resource
1.	To be able to identify the main components of a computer system.	Create a mind map of the four components that make up a computer system and add detail to each section. [Input, Process, Output, Storage]
2.	Understanding the Boolean logic conditions.	Create a mind map of the three Boolean logic conditions [AND, OR, NOT]. Include the rules of each gate and real life examples.
3.	Understanding how the CPU and computers use binary to store data.	Look, cover, write check the bullet points below to revise previous knowledge the CPU and binary: <ul style="list-style-type: none"> • The purpose of the CPU is process data • The CPU needs to process data into binary, which is the only language a computer can understand. • Every computer system is made up of transistors which are tiny electrical devices use which represents two states, on [1] and off [0]. • Electricity is present if there is a 1 and if it is not present it is a 0, this is known as binary. • Boolean logic gates and transistors are used together to make computer systems.
4.	Be able to convert binary numbers to denary and denary numbers to binary.	Binary conversion game - https://learningcontent.cisco.com/games/binary/index.html
5.	Identify general-purpose and single-purpose computers.	Create a set of flash cards that focus on the two different types of computers: single-purpose and general-purpose. Use images to help you, for example: a mobile phone would be a general purpose computer because you can listen to music and play a game at the same time.

KEY INDEPENDENT ONLINE RESOURCES

Digital devices test questions - [Digital devices test questions - KS3 Computer Science - BBC Bitesize](#)
 Boolean logic revision - [What is Boolean logic? - Boolean logic - KS3 Computer Science Revision - BBC Bitesize](#)
 Binary break out game - [Binary Breakout | Mathematics | Computing](#)

Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
Design & Technology Lamp Project	40mins	<ul style="list-style-type: none"> • Multiple choice questions on prior knowledge • Short questions about plastics and woods • One extended writing question

Task	Learning Focus	Activity/Resource
1	Categories and examples of Woods and Plastics	Make a set of flash cards using your knowledge organiser showing categories, sub-categories of Woods and Plastics and their uses
2	Categories and examples of Woods and Plastics	Complete a worksheet answering questions about categories, sub-categories of Woods and Plastics and their uses (given out in lesson)
3	Categories and examples of Woods and Plastics	Complete a 'SatchelOne' quiz about categories, sub-categories of Woods and Plastics and their uses

KEY INDEPENDENT ONLINE RESOURCES

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Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
Design & Technology- Crisp Packet Project	40mins	<ul style="list-style-type: none"> • Multiple choice questions on prior knowledge • Short questions about CAD/CAM and Photoshop and CATDIPP • One extended writing question linked to the topic

Task	Learning Focus	Activity/Resource
1	CAD/CAM	Use your Knowledge Organiser to revise for the written test with a Mind Map of CAD/CAM advantages & disadvantages.
2	CAD/CAM	Use your Knowledge Organiser to revise for the written test by creating labelled diagrams of the Laser Cutter & 3D Printing showing the 5 stages of the process
3	CAD/CAM	Complete a 'SatchelOne' quiz about CAD/CAM-use all attempts
4	CATDIPP-The purpose of packaging	Use your Knowledge Organiser to revise the definition of CATDIPP

KEY INDEPENDENT ONLINE RESOURCES

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Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
Design & Technology (Food)	40 minutes	Nutrition, Food safety and hygiene recall. Knowledge Organiser Test /50 marks with one longer answer question included.

Task	Learning Focus	Activity/Resource
1	The Eatwell Guide	Create an A4 revision page on the Eatwell Guide: https://www.nhs.uk/live-well/eat-well/food-guidelines-and-food-labels/the-eatwell-guide/ https://www.youtube.com/watch?v=xtFx55a-j0Y
2	Nutrients	Read through your Nutrients knowledge organiser and create flash cards/mind map on each of the main nutrients, sources and functions
3	4 Cs of Food Safety	Watch the video and make notes for each of the 4 C's https://youtu.be/flxmB8NKMzE?si=u-EXAfvbNo5grC-I
4	Food Poisoning and Bacteria	Create 2 flashcards on Food Poisoning and bacteria using the ppt slides from satchel and bring into class.

KEY INDEPENDENT ONLINE RESOURCES

- Read through the knowledge organisers and test yourself on the key points (flash cards/mind maps)
- [British Nutrition Foundation - Homepage](#)
- [The Eatwell Guide - NHS](#)

Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
English	40 minutes	To write an argumentative essay about a topic planned in class

Task	Learning Focus	Activity/Resource
1	To develop skills in writing to argue	Complete Week 3 in your homework booklets. All instructions are included.
2	To further develop vocabulary skills and develop your own opinions	Complete Week 4 in your homework booklets. All instructions are included.
3	Plan and prepare for your assessment	Complete Week 5 in your homework booklets. All instructions are included.
4	Boost your revision skills	Complete Week 6 in your homework booklets. All instructions are included.

KEY INDEPENDENT ONLINE RESOURCES

Investigate Malala's charity and boost your knowledge of issues regarding education across the world.

Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
Mathematics (bold topics are Advanced only)	45 minutes	Non- Calculator – 50 marks Questions are on everything that has been covered in year 7 so far

Task	Learning Focus	Activity/Resource
1	Sparx homework – week 1	Place value, ordering and rounding.
2	Sparx homework – week 2	Four operations.
3	Sparx homework – week 3	Mix of topics from last half term.

KEY INDEPENDENT ONLINE RESOURCES

Optional additional task - Create a revision mind map on how to calculate the mean, median, mode and range.

Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
Science	40 Minutes	You will be assessed on topics within the working scientifically, particles, cells and energy units. Questions can be either multiple choice, short answer style or extended response (no more than 6 marks though)

Task	Learning Focus	Activity/Resource
1	Changes of State	Read through the information and complete the activities- What are changes of state? - BBC Bitesize
2	Energy Resources	Read through the information and complete the activities- Generating electricity guide for KS3 physics students - BBC Bitesize
3	Variables	Read through the information and complete the activities- Variables - Working scientifically - KS3 Science - BBC Bitesize
4	Cell Structure	Read through the information and create flashcards to learn the parts of the cell and it's function. What are plant and animal cells? - BBC Bitesize
5	Energy Transfer	Read through the information and complete the activities- Energy stores and energy transfers - Forces and movement - KS3 Physics - BBC Bitesize
6	Revision Wheel	Create a revision wheel for the topics that will be on the QMA.

KEY INDEPENDENT ONLINE RESOURCES

KS3 bitesize- working scientifically- [Working scientifically - KS3 Biology - BBC Bitesize](#)

KS3 bitesize- [KS3 Science - BBC Bitesize](#)

Year 7 Spring Assessments

SUBJECT	TIME	PAPER/TOPIC DETAILS
Physical Education		Assessment will be ongoing throughout lessons on each of the practical areas that they study.

Task	Learning Focus	Activity/Resource
1	Invasion Games Rugby Football Netball Handball	Pupils are assessed on their ability <ul style="list-style-type: none"> to produce the intended skills/techniques with consistency and accuracy. to perform the skills/techniques in isolation and in a competitive situation to apply the rules and regulations within a game situation.
2	Health and Fitness	Pupils are assessed on their <ul style="list-style-type: none"> Level of physical performance across the methods of training and fitness testing. Knowledge and understanding demonstrated of training methods and fitness testing.
3	Striking Badminton Table tennis	Pupils are assessed on their ability to <ul style="list-style-type: none"> Demonstrate the intended skills /techniques with consistency and accuracy. Perform skills in isolation and in a competitive situation. To apply the rules /regulations within a game

KEY INDEPENDENT ONLINE RESOURCES

BBC Sport website <https://www.bbc.co.uk/sport>